



Chief Psychiatrist of Western Australia

Restraint Data

2016-2025

The rates of restraint occurring in authorised mental health services in Western Australian (WA) during the 2016/17, 2017/18, 2018/19, 2019/20, 2020/21, 2021/22, 2022/23, 2023/24 and 2024/25 financial years (FY) are shown in Figures 1 - 6.

It is important to note that the variability in the rates of restraint between hospitals may be due to a variety of factors such as the acuity of the patient population. A very small number of acutely unwell patients with challenging behaviours at a service can have a disproportionate effect on the rates of restraint. The Chief Psychiatrist consults with the relevant mental health services about their practices and strategies for reducing the use of restrictive practices in these complex cases and is confident that the services are providing high quality care.



Figure 1: Rate of Restraint- North Metropolitan Health Service (NMHS)

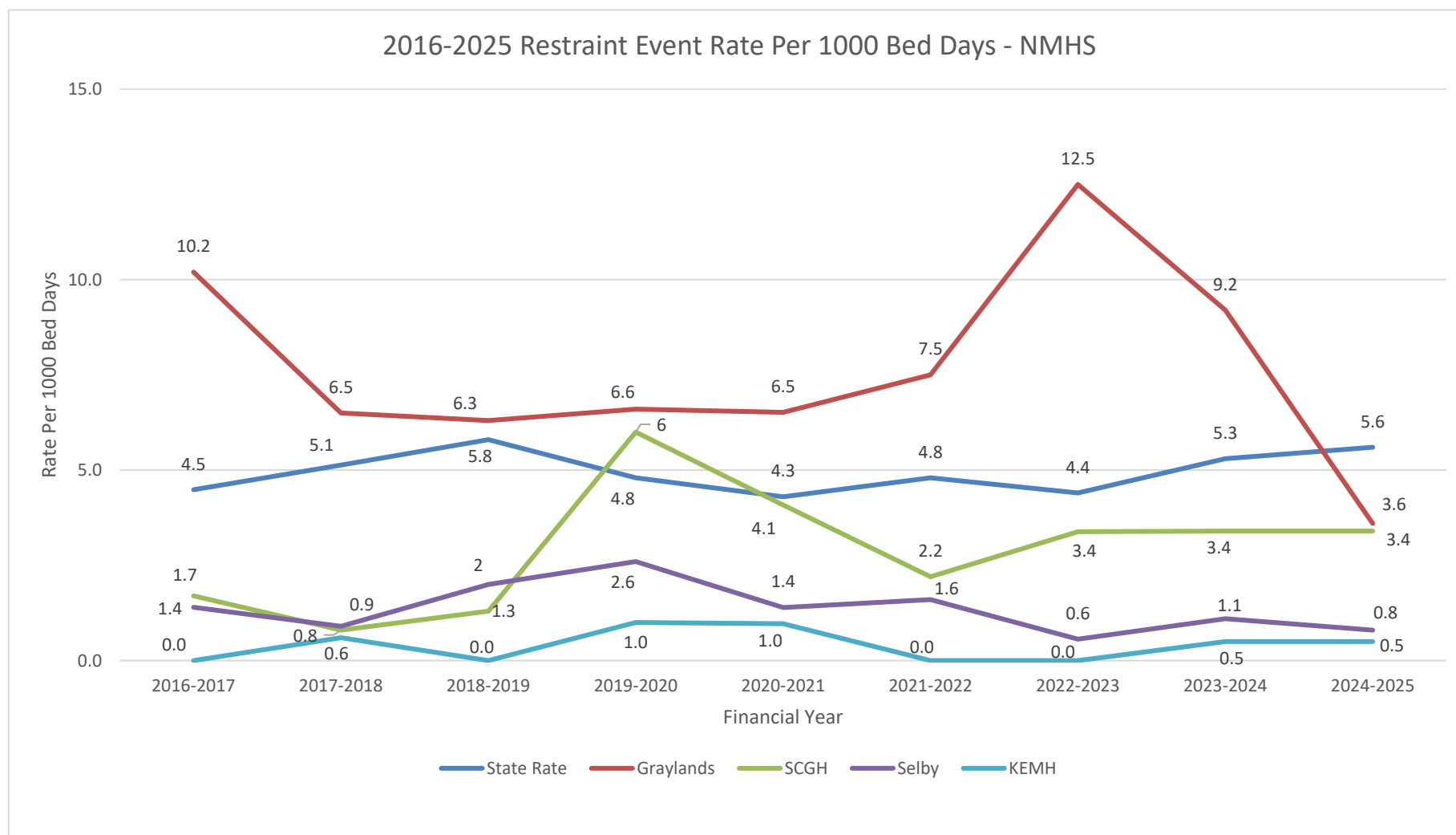




Figure 2: Rate of Restraint - East Metropolitan Health Service (EMHS)

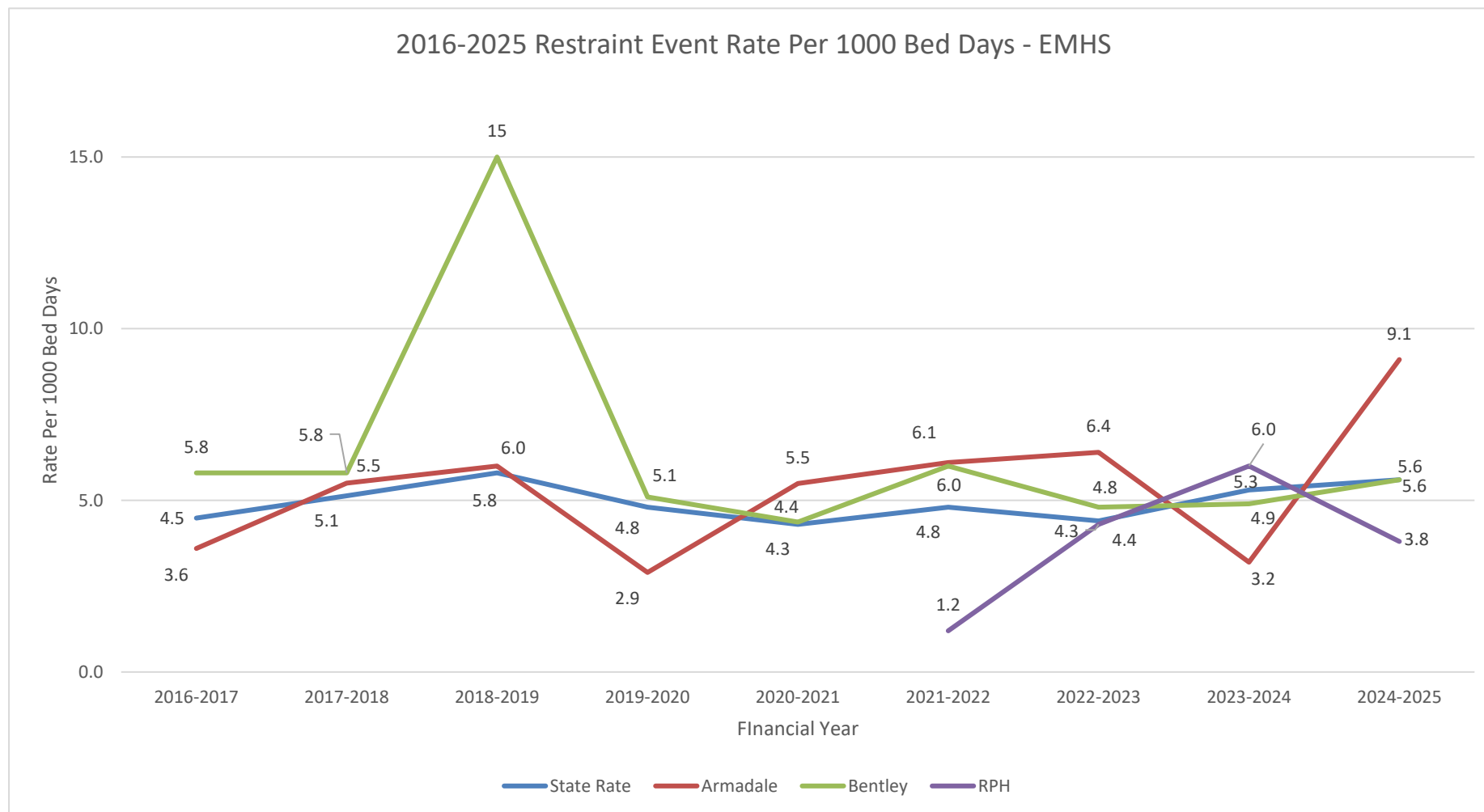




Figure 3: Rate of Restraint- South Metropolitan Health Service (SMHS)

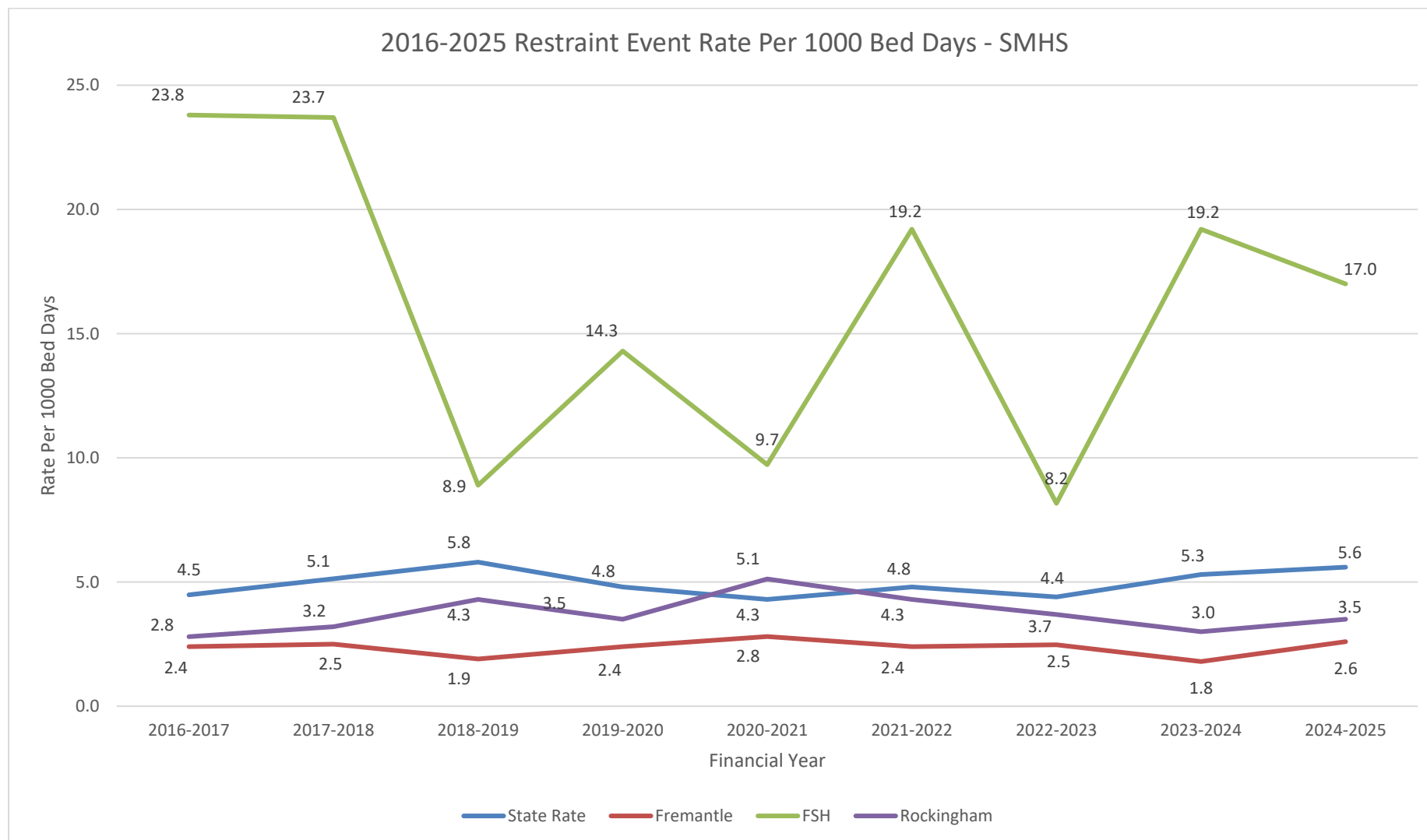




Figure 4: Rate of Restraint- WA Country Health Service (WACHS)

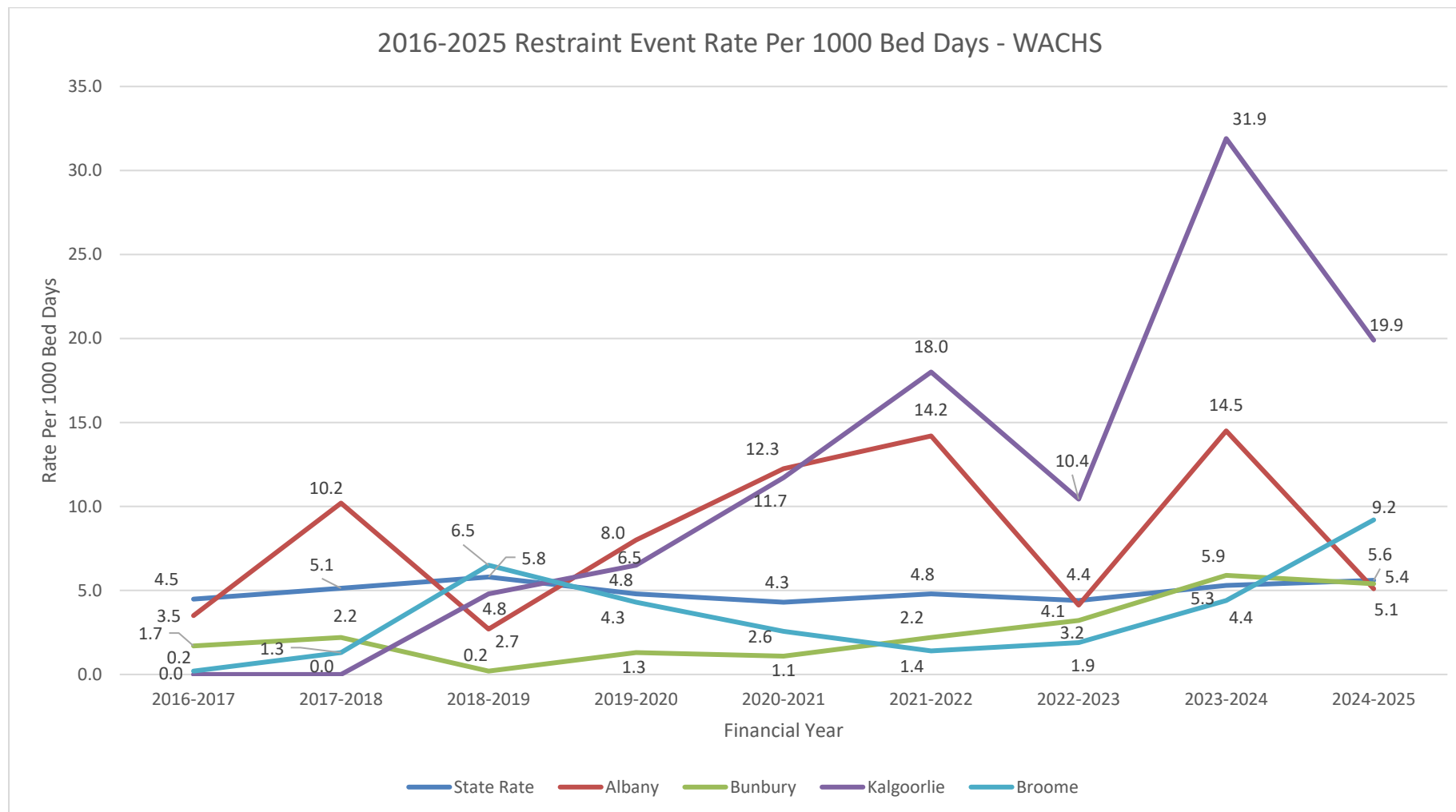




Figure 5: Rate of Restraint- Public Private Hospitals

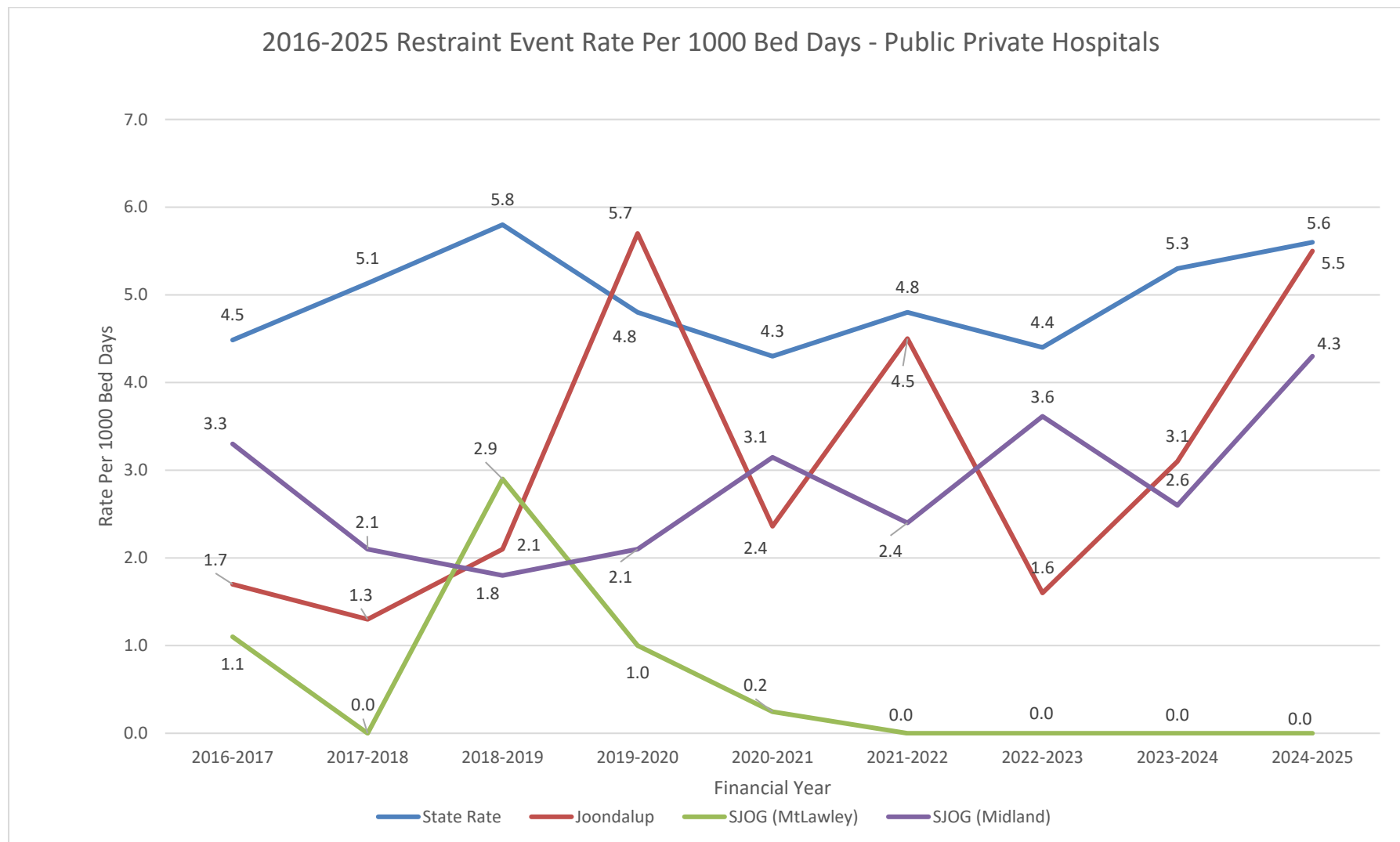
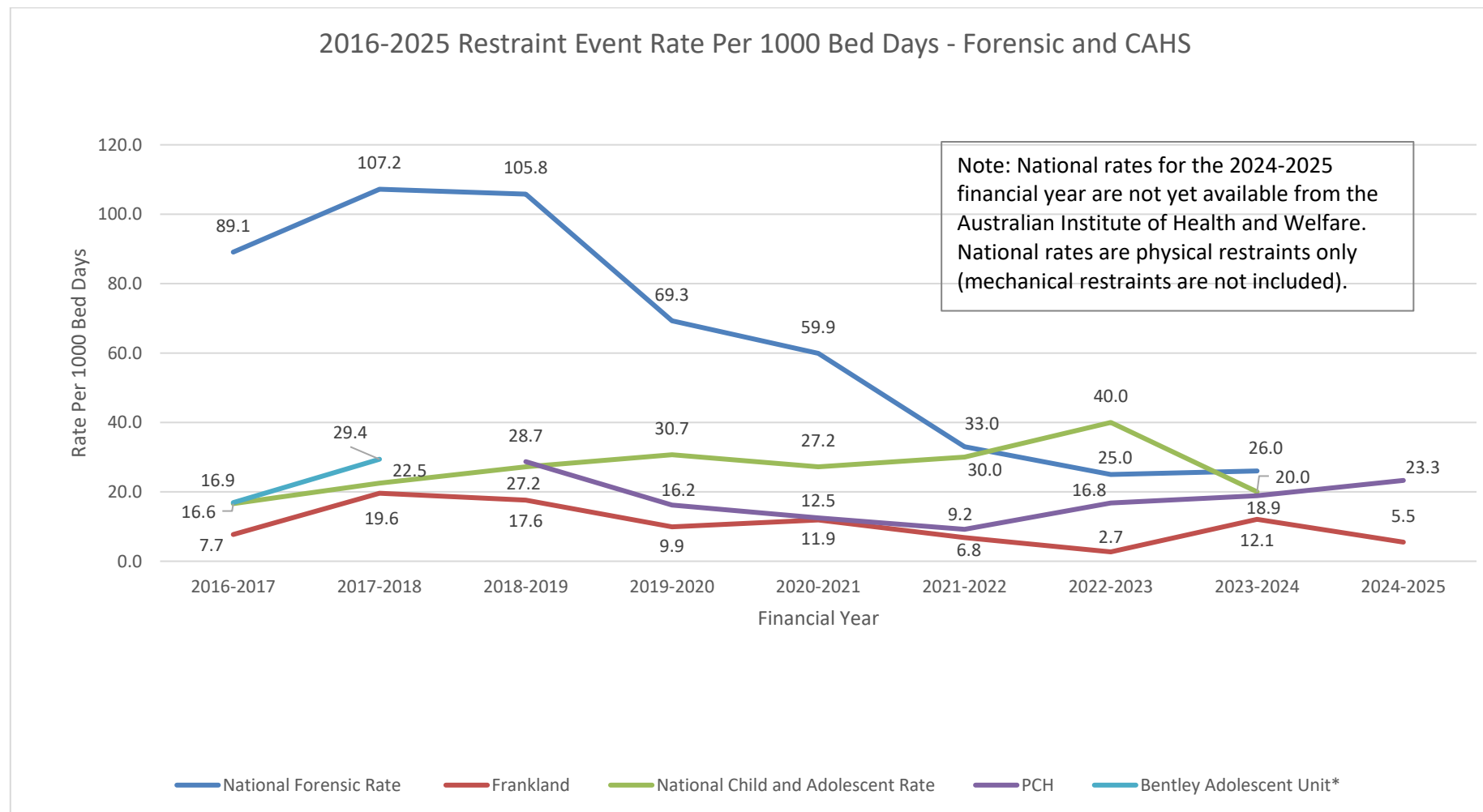




Figure 6: Rate of Restraint- State Forensic Service and Child and Adolescent Health Service (CAHS)



*Bentley Adolescent Unit closed after the 2017-2018 FY