North Metropolitan Health Service Survey of High Impact Psychosis (North Metro SHIP)

Report to
North Metropolitan Health Service
Mental Health and
Mental Health Commission

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North Metropolitan Health Service Survey of High Impact Psychosis

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CONTENTS

1.	AIMS OF NORTH METRO SHIP	5
2.	ENUMERATION STATISTICS	6
	Table 2.1. Census statistics, March 2012	
	Table 2.2. Screen-positive profiles compared to interview profiles	
	Figure 2.1. Survey flow chart	
	Figure 2.2. Catchment map showing survey coverage	8
3.	PREVALENCE ESTIMATES: NORTH METRO SHIP	9
	Table 3.1. Estimated one-month treated prevalence of ICD-10 psychotic disorders in public specialised menta	
	health services in NMHS MH and number of people in contact with services	9
4.	PARTICIPANT PROFILE - SUMMARY DATA	10
	Table 4.1. Demographic and related data (%)	10
	Figure 4.1. ICD-10 diagnosis (%)	
	Figure 4.2. Age at onset and age at interview - in 5-year age bands (%)	11
5.	COMPARISON TABLES: NORTH METRO AND NATIONAL SHIP	12
	Table 5.1. Sociodemographic Variables	12
	Table 5.2. Mental Health Profile*	13
	Table 5.3. Physical Health Profile	14
	Table 5.4. Functioning, Quality of Life and Social Relationships	
	Table 5.5. Lifestyle Variables	
	Table 5.6. Service Utilisation	
	Table 5.7. Medication and Medication Side Effects	18
APF	PENDIX 1. SURVEY MANAGEMENT AND RESEARCH TEAMS	20
1	NORTH METRO SHIP TECHNICAL ADVISORY GROUP: MEMBERSHIP AND PURPOSE	20
F	REPORTING STRUCTURE	20
APF	PENDIX 2. DESIGN AND METHODS	22
,	TWO-PHASE DESIGN	22
	Figure A2.1. Two-phase design	
	Phase 1. Screening	
•	Screening in the census month	
	Multiple screens – hierarchy for designating a service contact point	
F	PHASE 2. INTERVIEWS AND ASSESSMENTS	
	Interview and assessment of people who are screen-positive	
	Survey of general practitioners	
	Non-participation database	
	Diagnostic interview of people who are screen-negative	
- 1	NCLUSION CRITERIA	
	Diagnosis	23
	Age range	
	Postcode/suburb within catchment	24
	Designated treatment services within catchment	24
E	EXCLUSION CRITERIA	24
(CATCHMENT COVERAGE	24
	Table A2.1. Catchment size	24
(CATCHMENT POSTCODES	25
(CATCHMENT MENTAL HEALTH SERVICES AND NGOS	26
	Community mental health services	26
	Inpatient / emergency services	
	NGOs eligible and participating in screening	
	NGOs and services eligible but not participating in screening	26

APPENDIX 3.	SURVEY RESPONSE RATES	27
Table A	3.1. Interview response rate: screen positive, eligible and invited for intervie	ew by age group at screening 27
Table A	3.2. Breakdown of non-responder categories	27
Table A	3.3. Provision of blood for metabolic analysis: consent rate	27
Table A	3.4. GP questionnaires response rates	28
APPENDIX 4.	SURVEY ASSESSMENTS AND INSTRUMENTS	29
Psychosis Scr	REEN	29
FULL SHIP DIF	PINTERVIEW SCHEDULE	29
Modules o	of the interview schedule	30
	ic Interview For Psychosis - Diagnostic Module	
Brief Cog	nitive Assessment Tool	32
	oractitioner questionnaires	
Blood test	ts	33
APPENDIX 5.	INDIVIDUAL INTERVIEW ITEMS	34
APPENDIX 6.	DEVIATIONS FROM NATIONAL SHIP	43
APPENDIX 7.	REFERENCES	44

1. Aims of North Metro SHIP

To:

- 1. Estimate the local prevalence of psychosis in North Metropolitan Health Service;
- 2. Describe the social and economic circumstances of people living with psychosis within North Metropolitan Health Service, their mental and physical health profiles, and their use of services; and
- 3. Develop a local evidence base to help inform mental health policy development in North Metropolitan Health Service and to enable service providers to develop services to meet specific local needs to the benefit of people living with psychosis, their family, friends, carers and the services supporting them.

2. Enumeration statistics

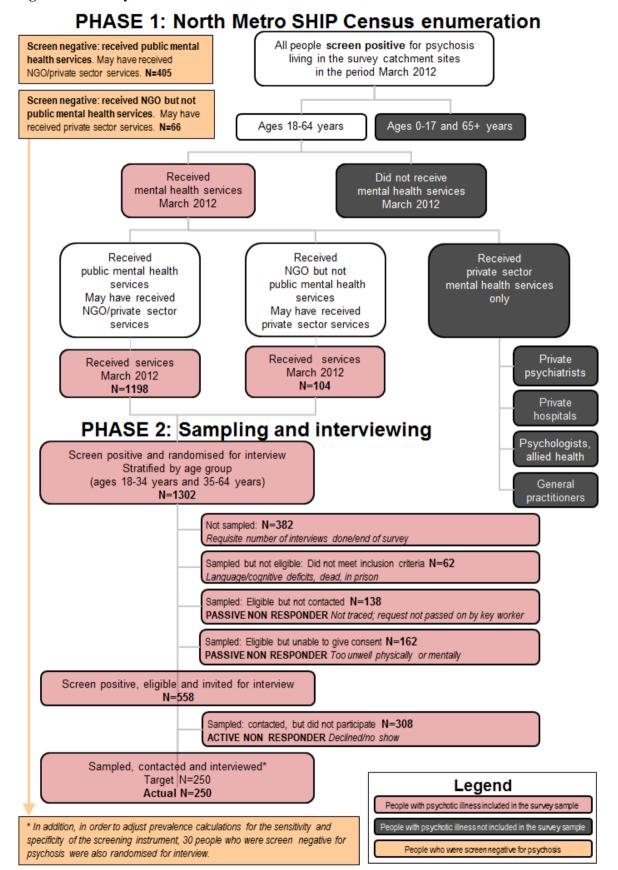
Table 2.1. Census statistics, March 2012

- maio - maio - company - maio - a - a - a - a - a - a - a - a - a -	North Metro SHIP
	N
Estimated catchment site population aged 18-64 years	464,003
Number screen-positive for psychosis and eligible	1302
Number of screen-positive interviews	250
Number of screen-negative interviews	30

Table 2.2. Screen-positive profiles compared to interview profiles

	North Metro SHIP screening data			etro SHIP view data
	N	%	N	%
Service use at time of census				
Public specialised mental health service	1198	92.0	234	93.6
Community managed sector agency (NGO)	104	8.0	16	6.4
TOTAL	1302	100.0	250	100.0
NMHS MH catchment				
City	600	46.1	115	46.0
Stirling	497	38.2	98	39.2
Joondalup, excluding Clarkson	197	15.1	37	14.8
Screened by NGO - postcode straddles catchments	8	0.6	-	-
TOTAL	1302	100.0	250	100.0
Graylands long-stay patient				
Yes	48	3.7	8	3.2
No	1254	96.3	242	96.8
TOTAL	1302	100.0	250	100.0
If Graylands long-stay patient				
Screened and interviewed	8	16.7	-	-
Screened, selected but not interviewed (multiple reasons)	23	47.9	-	-
Screened but not selected for interview	17	35.4	-	-
TOTAL	48	100.0	-	-
Sex				
Male	802	61.6	159	63.6
Female	499	38.3	91	36.4
Unknown	1	0.1	-	-
TOTAL	1302	100.0	250	100.0

Figure 2.1. Survey flow chart



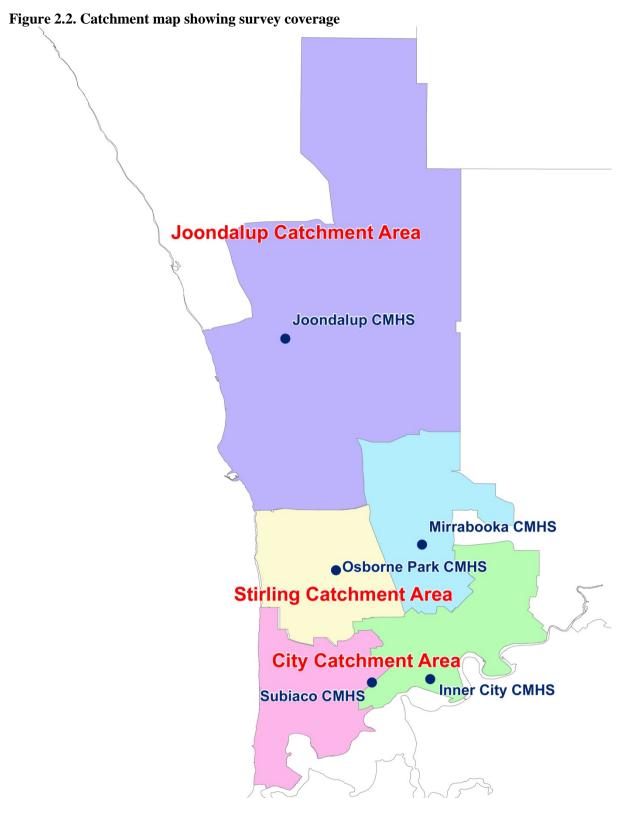


Figure 2.2 is a map of the catchment areas covered by the survey. Full details of the survey design and methods, as well as the catchments covered, are provided in Appendix 2.

3. Prevalence estimates: North Metro SHIP

The treated prevalence of ICD-10 psychotic disorder, measured as the number of persons with a psychotic disorder per 1,000 population aged 18-64 years and in contact with NMHS MH, was estimated for the month of March 2012. See Table 3.1. The overall treated prevalence for the area serviced by North Metropolitan Health Service Mental Health (NMHS MH) was estimated at 2.7 cases per 1,000 population aged 18-64 years, or 1771 persons. Male and female rates varied somewhat, with estimates of 3.3 cases per 1,000 population and 2.2 cases per 1,000 population respectively. Rates for younger (18-34 years) and older (35-64 years) age groups also differed: 2.3 cases per 1,000 population and 3.0 cases per 1000 population respectively. The lower prevalence per 1,000 population in the younger, compared to older age group, was true for both women (1.4 compared to 2.6) and men (3.1 compared to 3.4).

Table 3.1. Estimated one-month treated prevalence of ICD-10 psychotic disorders in public specialised mental health services in NMHS MH and number of people in contact with services

			No	orth Metro SHIP		National SHIP
Age group (years)	Catchment ERP*	NMHS MH ERP	Prevalence (Cases per 1,000)	Estimated persons in NMHS MH†	Prevalence (Cases per 1,000)	Estimated persons in Australia†
Males 18 – 34 35 – 64	97981 135922	131947 193415	3.1 3.4	410 667	4.1 3.5	11335 15265
18 - 64	233903	325362	3.3	1076	3.7	26600
Females 18 – 34 35 – 64	93139 136961	125858 195726	1.4 2.6	181 518	2.2 2.6	5854 11360
18 – 64	230100	321584	2.2	694	2.4	17215
Persons						
18 - 34 $35 - 64$	191120 272883	257805 389141	2.3 3.0	592 1186	3.1 3.0	17189 26625
All persons	464003	646946	2.7	1771	3.1	43815

^{*} Based on interpolation of ABS Estimated Resident Population data for 30 June 2011 and 30 June 2012 to produce an estimate for 15 March 2012 for the population aged 18-64.

Due to small numbers of participants in contact solely with non-government organisations in the census month, only one pooled estimate of prevalence was calculated for this sector, with no strata specific estimates. On average, an estimated additional 0.2 cases per 1,000 population aged 18-64 years were in contact with non-government services but not with public specialised mental health services in NMHS MH. The total number of people receiving services solely through these non-government organisations is estimated at 129 persons. By comparison, the prevalence for National SHIP in this sector was 0.4 cases per 1,000 population aged 18-64 years.

The estimated treated prevalence of ICD-10 psychotic disorder reported here does not include those persons whose only contact with mental health treatment services was through a general practitioner, or private psychiatrist/psychologist, or those not in contact with any treatment services. This is consistent with the approach taken by National SHIP.

[†] Estimated totals by age or sex may not equal the sum of the individual groups due to rounding and differing levels of estimation precision of strata level prevalences using logistic regression.

4. Participant profile - summary data

Table 4.1. Demographic and related data (%)

Table 4.1. Demographic an	d related data (%)	N	%
Census source	Inpatient, outpatient, community mental health	234	93.6
	NGO sector only	16	6.4
	TOTAL	250	100.0
Catchment	City	115	46.0
	Stirling	98	39.2
	Joondalup	37	14.8
	TOTAL	250	100.0
Long-term Graylands patient	Yes	8	3.2
	No	242	96.8
	TOTAL	250	100.0
Age group at interview	18-34 years	104	41.6
	35-64 years	146	58.4
	TOTAL	250	100.0
Sex	Males	159	63.6
	Females	91	36.4
	TOTAL	250	100.0
Marital status	Single, never married	165	66.0
	Currently married or defacto	31	12.4
	Currently separated, divorced or widowed	54	21.6
	TOTAL	250	100.0
Born in Australia	Yes	166	66.4
	No	84	33.6
	TOTAL	250	100.0
Indigenous	Yes	12	4.8
	No	237	94.8
	Missing	1	0.4
	TOTAL	250	100.0

Figure 4.1. ICD-10 diagnosis (%)

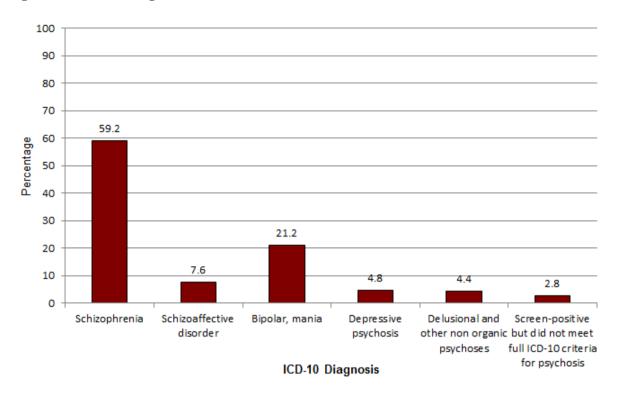
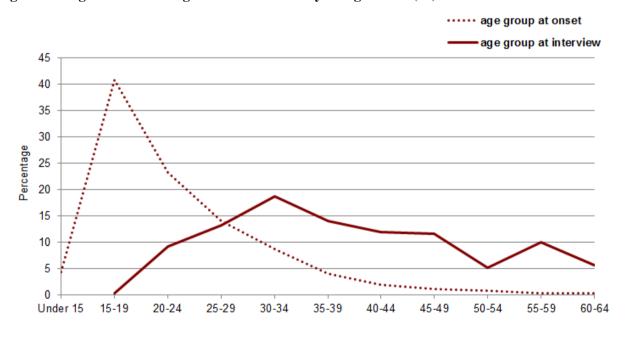


Figure 4.2. Age at onset and age at interview - in 5-year age bands (%)



5. Comparison Tables: North Metro and National SHIP

Table 5.1. Sociodemographic Variables

	No	orth Metr	o SHIP N=250 %		Nationa N	ul SHIP N=1825 %
Age, sex, place of birth, language Male Aged 35-64 years Born in Australia First language is not English Aboriginal			63.6 58.4 66.4 12.4 4.8			59.6 57.6 82.2 9.2 4.9
Income and education Private health insurance Main income source: government pension, past year			32.4 84.4			15.1 85.0
Education Completed Year 12 education Enrolled in formal studies (past year)			38.0 15.6			31.5 20.8
Employment In paid employment (past year) In paid employment (past 7 days) If working:			32.8 22.4			32.7 21.5
Competitive employment Part-time No of hours per week (mean; median)			81.7 67.1 23;20			74.8 69.0 23; 20
Accommodation at time of interview Rented home or unit Family home Own home Supported group housing Homeless - primary, secondary or tertiary*			44.4 19.6 11.2 9.6 0.4			48.6 19.1 13.1 11.0 5.2
Homelessness (past year) Any periods of homelessness No. of days of homelessness (mean; median)			3.6 59; 28			12.8 155; 99
Marital and parenting status (males; females; total) Single, never married/de facto Currently married, de facto Children of any age (own) Children under 18 years living at home (own or step)	M 77.4 8.8 22.6 2.5	F 46.2 18.7 50.5 14.3	T 66.0 12.4 32.8 6.8	M 72.6 12.1 25.9 5.5	F 44.4 24.5 56.2 23.6	T 61.2 17.1 38.1 12.8

^{*}Primary homelessness: living on the streets, in parks or in deserted buildings; secondary: living in temporary shelters such as refuge, emergency accommodation, or sleeping on friend's couch; tertiary: private boarding room (Australian Bureau of Statistics, 2008)

Table 5.2. Mental Health Profile*

	North Metro SHIP N=250 %	National SHIP N=1825 %
ICD-10 diagnosis		
Schizophrenia	59.2	47.0
Schizoaffective disorder	7.6	16.1
Bipolar, mania	21.2	17.5
Depressive psychosis	4.8	4.4
Delusional and other non organic psychoses	4.4	5.0
Other	2.8	10.1
TOTAL	100.0	100.0
Onset and duration		
Onset within two years prior to interview	5.2	9.2
Age at onset (mean; median in years)	23; 20 years	24; 21 years
Duration (mean; median in years)	16; 14 years	15; 12 years
Course of disorder		
Single episode	3.6	8.1
Multiple episodes - good recovery in between	28.4	29.7
Multiple episodes - partial recovery in between	40.8	31.8
Continuous chronic illness	26.8	20.6
Continuous chronic illness with deterioration	0.4	9.9
TOTAL	100.0	100.0
Key symptoms (past year)		
Delusions	52.4	60.9
Hallucinations	49.2	55.8
Subjective thought disorder (thought broadcast or	10.8	32.3
insertion and "loud thoughts")		
Elevated or irritable mood	24.4	23.5
Depressed mood or loss of pleasure	42.8	54.5
Symptoms of anxiety/phobia	56.4	59.8
Negative symptoms (past year)		
Negative symptoms:		
Dysfunction in overall socialising	62.4	63.2
Diminished sense of purpose	68.4	52.0
Lack of interest and motivation	42.0	51.7
Diminished emotional range	60.0	51.6
Restricted affect	72.0	43.6
Poverty of speech	40.4	19.0
Any negative symptoms	91.2	85.2
Four or more negative symptoms	50.4	38.9
Suicidal ideation		
Suicidal ideation (past year)	18.4	29.3
Suicide attempt (ever)	43.6	49.5

^{*} Some of the differences between North Metro SHIP and National SHIP statistics will reflect improved diagnostic data collection and coding protocols in North Metro SHIP with considerable input by experienced, senior survey staff increasing the reliability of measurement. Variables most likely to have been affected are ICD-10 Diagnosis, Course of Disorder and some of the symptom variables, particularly subjective thought disorder.

 Table 5.3. Physical Health Profile

	North Metro SHIP	National SHIP
	N=250	N=1825
	%	%
Cardiometabolic risk profile		
Met criteria for metabolic syndrome*	56.9	57.9
Met threshold criteria for component risks for		
metabolic syndrome:		
Abdominal obesity	84.6	82.1
Reduced fasting high density lipoprotein levels	61.0	49.7
Elevated fasting triglyceride levels	48.2	48.0
Elevated fasting plasma glucose levels	26.3	28.6
Elevated blood pressure	48.8	48.8
Body mass index:		
Underweight	1.2	1.4
Normal	21.6	22.4
Overweight	28.8	28.3
Obese	47.6	45.1
Missing	0.8	2.8
TOTAL	100.0	100.0
Level of physical activity:		
Very low	24.4	33.5
Low	72.4	62.9
Moderate	3.2	3.0
High	0.0	0.3
Missing	0.0	0.3
TOTAL	100.0	100.0
Other physical health conditions		
Asthma	26.4	30.1
Heart or circulatory condition	26.4	26.8
Severe headaches/migraines	18.8	25.4
Arthritis	12.8	20.8
Diabetes	20.4	20.5
Respiratory conditions	14.4	18.0
Anaemia	13.6	13.4
Hepatitis	10.4	11.2
Epilepsy	5.6	7.3
Physical examinations		
In past year:		
Blood pressure measurement	81.2	85.6
Waist or weight measurement	84.4	76.8
Physical examination	59.2	67.3
Blood tests	64.0	63.3
Dental examination	52.0	47.0
X-ray or scan	36.0	42.7
Eye test	37.2	35.5
Hearing test	12.8	11.0
In past two years:		
Bowel examination	12.0	13.6
Women only:		
Cervical smear	61.5	55.0
Mammogram	30.8	23.8
Men only:	12.4	10.0
Prostate cancer screen	16.4	13.8

^{*} Harmonised criteria (Alberti et al., 2009). Data are for those with fasting measures

Table 5.4. Functioning, Quality of Life and Social Relationships

	North Metro SHIP	National SHIP
	N=250 %	N=1825 %
The distant	70	70
Functioning Conditionary which would adjust want	72.0	<i>(</i> 0.7
Good premorbid work adjustment	72.0	68.7
Good premorbid social adjustment Deterioration from premorbid level of functioning	60.8 92.4	63.9 90.4
Obvious/severe dysfunction in socialising	62.4 62.4	63.2
Obvious/severe dysfunction in quality of self care	29.6	32.3
• • •	27.0	32.3
Overall global functioning		• • •
No or very mild disability	13.2	24.0
Somewhat disabled	22.0	25.8
Moderately disabled	33.6	27.5
Significantly, extremely or totally disabled	31.2	22.7
TOTAL	100.0	100.0
Social and family relationships		
Daily/almost daily face-to-face family contact, past	50.8	56.5
year	•••	
Has never had a confiding relationship	20.8	15.4
No friends	13.6	13.3
Quality of life		
Satisfied with own independence	75.2	71.9
Satisfied with life as a whole	49.6	47.4
Believe circumstances will improve in next 12 months	80.8	77.4
Top three challenges for next 12 months		
Financial problems	40.8	42.7
Unemployment	37.6	35.1
Loneliness / social isolation	35.2	37.2
Physical health	26.0	27.4
Mental illness	20.4	25.7
Stigma / discrimination	14.4	11.6
Housing	11.6	18.1

Table 5.5. Lifestyle Variables

	N	orth Metr	o SHIP N=250 %		Nationa N	al SHIP N=1825 %
Victimisation and offending, past year Any victimisation Victim of violence (excluding threatened violence) Arrested or charged with an offence			38.8 19.2 6.8			38.6 16.4 11.3
Smoking (males; females; total)	M	F	T	M	F	T
Current smoker	64.8	41.8	56.4	71.1	58.8	66.1
Fagerstrom Nicotine Dependence Scale (current): Very low Low Moderate High Very high TOTAL	39.6 15.7 12.6 20.8 11.3 100.0	63.7 5.5 5.5 14.3 11.0 100.0	48.4 12.0 10.0 18.4 11.2 100.0	34.6 11.5 10.9 23.0 20.0 100.0	48.6 8.4 7.3 20.7 14.9 100.0	40.3 10.2 9.5 22.1 17.9 100.0
Alcohol use (males; females; total)	\mathbf{M}	F	T	M	F	T
Lifetime alcohol abuse/dependence	59.7	37.4	51.6	58.3	38.9	50.5
Alcohol Use Disorders Identification Test (current): Low risk Hazardous drinking Harmful drinking Dependent drinking TOTAL	69.8 18.2 4.4 7.5 100.0	83.5 12.1 2.2 2.2 100.0	74.8 16.0 3.6 5.6 100.0	63.0 19.6 6.6 10.8 100.0	75.5 15.9 2.8 5.8 100.0	68.1 18.1 5.1 8.8 100.0
Drug use (males; females; total)	M	F	T	M	F	T
Lifetime drug (any) abuse/dependence	66.0	42.9	57.6	63.2	41.7	54.5
Lifetime cannabis abuse/dependence	65.4	36.3	54.8	60.7	36.2	50.8
Cannabis use (past year): Any use (past year) Almost daily use (past year)	32.7 8.8	16.5 6.6	26.8 8.0	38.5 15.0	24.3 8.8	32.8 12.5

Table 5.6. Service Utilisation

	North Metro SHIP N=250	National SHIP N=1825
	%	%
Inpatient service utilisation, past year		
Inpatient admission - any	48.0	43.7
Mental health	40.8 10.8	34.8 13.3
Physical health	10.6	13.3
No. of psychiatric admissions, if any (past year): One admission	60.8	64.0
Two admissions	19.6	21.9
Three or more admissions	19.6	14.1
TOTAL	100.0	100.0
Total length of stay, psychiatric admissions(past year):		
Less than 2 weeks	20.6	25.4
2 weeks - less than 4 weeks	15.7	22.1
4 weeks - less than 13 weeks	43.1	43.0
13 weeks - less than 26 weeks 26 weeks - 52 weeks	9.8 10.8	6.7 2.7
TOTAL	100.0	100.0
Involuntary admission, community treatment order		
Involuntary admission	24.0	20.7
Community treatment order	11.6	19.2
Other service utilisation, past year		
Emergency department attendance	33.2	41.0
Outpatient/community clinic contact - any	93.6	86.3
Mental health	90.4	82.2
Physical health	17.6	23.2
Home visit by public mental health team - any	54.0	45.4
Crisis related	11.6	15.1
Routine visit	48.8	40.3
Non-government organisation for mental health	36.0	29.8
Drug/alcohol services and programs	9.2	12.9
Case manager - any	78.0	69.2
Public mental health case manager	71.2	61.6
NGO case manager	24.4	20.2
Community rehabilitation/day program - any	39.6	36.5
Public mental health program	15.6	14.5
NGO program	25.6	22.4
Use of general practitioner, past year		
General practitioner visits - any	78.0	88.2
Mental health	24.8	49.3
Physical health	73.2	76.3
No. of visits to GP if any, past year (mean, median)	6, 4 visits	9, 5 visits
Support and unmet need, past year		
Personal helper/peer supporter/mentor	16.4	12.3
Carer	24.0	24.5
Needed services but unaffordable or unavailable	29.6	27.5

Table 5.7. Medication and Medication Side Effects

	North Metro SHIP	National SHIP
	N=250	N=1825
	%	%
Medications for mental health, past 4 weeks		
Antipsychotics	86.8	81.6
Atypical antipsychotics, any	82.0	74.0
Atypical antipsychotics, Clozapine only	25.2	16.4
Typical antipsychotics	14.8	15.2
Antidepressants	46.0	37.4
Mood stabilisers	26.4	27.8
Anxiolytics and hypnotics	26.8	17.8
Any medication for mental health	96.4	91.6
Number of classes of medication, if any, past 4 weeks*		
One classes	31.5	36.3
Two classes	37.8	41.1
Three classes	24.9	17.9
Four or more classes	5.8	4.8
TOTAL	100.0	100.0
Medication side effects, past 4 weeks		
Any medication side effects	82.0	77.4
Any impairment due to medication side effects	62.4	61.0
Moderate/severe impairment due to side effects	27.2	29.9

^{*}Based on those using psychotropic medications in the four weeks prior to interview

APPENDICES

Appendix 1. Survey management and research teams

North Metro SHIP Technical Advisory Group: Membership and purpose

Membership:

Vera Morgan (Chair) Operational Epidemiologist and Professor, The University of

Western Australia School of Psychiatry and Clinical Neurosciences

North Metro SHIP Project Director

Patrick Marwick Acting Executive Director, NMHS MH

Nathan Gibson to end 2012;

Leanne Sultan in 2013

Adult Program Director, NMHS MH

Daniel Rock Director, Clinical Research Centre, NMHS MH

Anna Waterreus Assistant Professor, The University of Western Australia School of

Psychiatry and Clinical Neurosciences North Metro SHIP Project Coordinator

Assen Jablensky Director, Centre for Clinical Research in Neuropsychiatry and

Winthrop Professor, The University of Western Australia School of

Psychiatry and Clinical Neurosciences
North Metro SHIP Chief Scientific Advisor

Nikolaos Stefanis to March

2013

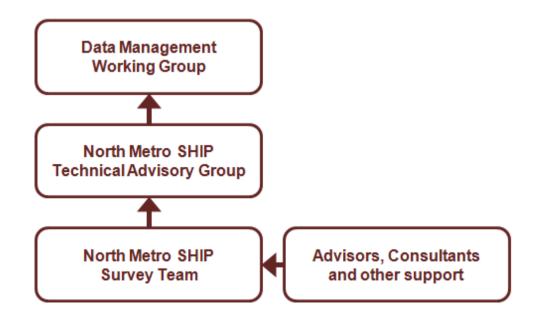
Professor of Psychiatry, NMHS MH and The University of Western

Australia School of Psychiatry and Clinical Neurosciences

Purpose:

To make recommendations to the NMHS MH Data Management Working Group regarding the protocol and procedures of the North Metro Survey of High Impact Psychosis (North Metro SHIP) and to provide updates on the progress of the survey work until the completion of the survey contract at the end of 2013.

Reporting structure



North Metro SHIP Survey Research Team

Name Role

Vera Morgan Project Director

Anna Waterreus Project Coordinator

Jenny Griffith Deputy Coordinator

Sonal Shah Data manager and analyst

Patsy Di Prinzio Statistician

Kim Pedler Interviewer

John Dean Interviewer

Rochelle Jones Interviewer

Mike Sommer Interviewer

Hannah Castle Data entry staff

North Metro SHIP Survey Advisors

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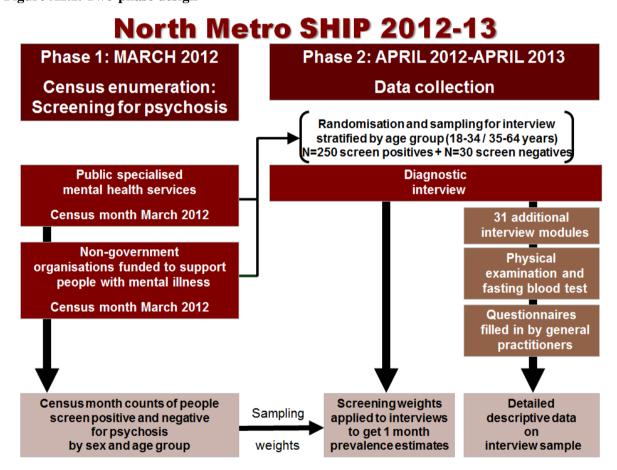
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Appendix 2. Design and Methods

Two-phase design

North Metro SHIP employed a two-phase methodology in order to get point estimates of treated prevalence of psychosis in a census month. Two-phase sampling is an effective method for determining prevalence estimates in low prevalence disorders. In two-phase sampling, cost is balanced against minimisation of the variance of estimation. An imperfect screening instrument is used in Phase 1 as a proxy for a "gold standard" instrument used with a subsample at Phase 2. In North Metro SHIP, diagnostic data collected for the Phase 2 sample using the diagnostic module of the Diagnostic Interview for Psychosis (DIP), a semi-structured clinical interview, was used to calibrate the Psychosis Screen data collected for the full sample in Phase 1, allowing the calculation of prevalence estimates. See Figure A2.1.

Figure A2.1. Two-phase design



Phase 1. Screening

Screening in the census month

All people making contact with hospital mental health services, outpatient/community care mental health services and non government organisations within the catchment areas in the course of the census month were screened for a lifetime history of psychotic disorder using the Psychosis Screen. Specifically, screening took place in

- inpatient units (excluding forensic units)
- emergency departments/triage

- consultation liaison services
- public outpatient/community care mental health services units (but excluding drug and alcohol clinics)
- non government organisations that are funded to support people with mental health problems.

Community drug and alcohol clinics were not included in the screening as the majority of people with drug-induced psychoses are triaged into mental health services where census month screening took place. Prisons and nursing homes are also excluded from screening.

Screening was undertaken by health service staff with the assistance of the North Metro SHIP research staff.

Multiple screens – hierarchy for designating a service contact point

Where a person had contact with more than one service contact, a hierarchy was applied. Inpatient units took precedence over outpatient/community care mental health services which took precedence over non-government organisations.

Phase 2. Interviews and assessments

Interview and assessment of people who are screen-positive

In Phase 2, a random sample of people who were screen-positive was approached with a request for interview and assessment using the North Metro SHIP version of the Diagnostic Interview for Psychosis. Informed consent was a prerequisite for interview. The number to be interviewed was 250 and this target was reached. Sampling was stratified by age group (18-34, 35-64).

Survey of general practitioners

General practitioners treating study participants were identified at interview. Participants were asked to give consent for an interviewer to contact the general practitioner. General practitioners were asked to respond to questions regarding:

- (i) the target patient; and
- (ii) the number of other psychotic patients under their care and issues in the management of patients with psychosis in general practice.

Non-participation database

Data on non-participants includes age, sex, postcode and the psychosis screen items. For those who were randomised for interview and did not participate, data are available on the reasons for not participating.

Diagnostic interview of people who are screen-negative

To calibrate the prevalence estimates, it is necessary to estimate the number of cases of psychotic disorder that were misclassified as screen negative at the screening phase. Consequently, a random sample of people who were screen-negative for psychosis in the census month was also interviewed. The original target of 10 per age group (18-34, 35-64) was increased to 15 per age group, a total of 30 interviews, to ensure more stable prevalence estimates. This target was reached.

Inclusion criteria

Diagnosis

Census month

• Screen-positive for psychosis (lifetime) on the Psychosis Screen when screened during the census month

Age range

Aged 18-64 years during the census month

Postcode/suburb within catchment

 Resident in designated postcodes/suburbs as determined by the catchment area of the relevant mental health services.

Designated treatment services within catchment

- Designated treatment services for contact in the census month, namely:
 - inpatient units (but excluding forensic units)
 - emergency departments/triage
 - consultation liaison
 - public outpatient/community care mental health services units (but excluding drug and alcohol clinics)
 - non government organisations that are funded to support people with mental health problems

Exclusion criteria

- Communication or cognitive impairment that would interfere with a person's capacity to give informed consent and to complete a valid interview, for example:
 - significant cognitive impairment (for example, dementia; at least moderate to severe intellectual disability)
 - severe communication impairment (for example, post-stroke aphasia)
 - inability to communicate in English (for example, insufficient understanding to give informed consent or needing an interpreter)
- Unavailability for interview due to residence in prison
- Temporary visitor status in Australia

Catchment coverage

The survey took place in the whole of City and Stirling catchment areas, and in Joondalup Community Mental Health Services within the Joondalup catchment area. Catchment selection for screening and interviewing of participants was strategically determined to ensure coverage of different populations within the catchment while minimising screening and interviewing costs. Consequently, Swan catchment area and the Clarkson Community Mental Health Services within Joondalup catchment area were not included in the survey. See Table A2.1.

Table A2.1. Catchment size

NMHS MH CATCHMENT*	18-64 year olds
City Catchment Area (all)	163,371
Stirling Catchment Area (all)	174,804
Joondalup Catchment Area (Joondalup CMHS)	125,828
Survey catchment TOTAL	464,003
Remaining catchment, not included in survey	182942
NMHS MH Complete catchment total	646945

^{*}based on interpolation of ABS Estimated Resident Population data for 30 June 2011 and 30 June 2012 to produce an estimate for 15 March 2012 for the population aged 18-64 years.

Catchment postcodes

Osborne Park CMHS	Mirrabooka CMHS	Inner City CMHS	Subiaco CMHS	Joondalup CMHS
Osborne Park CMHS Balcatta 6021 Carine 6020 Churchlands 6018 Doubleview 6018 Glendalough 6016 Gwelup 6018 Hamersley 6022 Herdsman 6017 Innaloo 6018 Joondanna 6060 Karrinyup 6018 North Beach 6020 Osborne Park 6017 Scarborough 6019 Stirling 6021 Trigg 6029 Tuart Hill 6060 Watermans Bay 6020 Wembley Downs 6019 Woodlands 6018	Mirrabooka CMHS Alexander Heights 6064 Balga 6061 Ballajura 6066 Darch 6065 Dianella 6059 Girrawheen 6064 Koondoola 6064 Landsdale 6065 Madeley 6065 Marangaroo 6064 Mirrabooka 6061 Nollamara 6061 Wangara 6065 Westminster 6061 Yokine 6060	Inner City CMHS Bayswater 6053 Bedford 6052 Coolbinia 6050 East Perth 6004 Embleton 6062 Highgate 6003 Inglewood 6052 Kings Park 6005 Leederville 6007 Maylands 6051 Menora 6050 Morley 6062 Mount Hawthorn 6016 Mt Lawley 6050 Noranda 6062 North Perth 6006 Northbridge 6003 Perth 6000 West Leederville 6007 West Perth 6005	City Beach 6015 Claremont 6010 Cottesloe 6011 Crawley 6009 Daglish 6008 Dalkeith 6009 Floreat 6014 Jolimont 6014 Karrakatta 6010 Mosman Park 6012 Mt Claremont 6010 Nedlands 6009 Peppermint Grove 6011 Shenton Park 6008 Subiaco 6008 Swanbourne 6010 Wembley 6014	Ashby 6065 Banksia Grove 6031 Beldon 6027 Carramar 6031 Connolly 6027 Craigie 6025 Duncraig 6023 Edgewater 6027 Gnangara 6065 Greenwood 6024 Heathridge 6027 Hillarys 6025 Hocking 6065 Jandabup 6065 Joondalup 6027 Kallaroo 6025 Kingsley 6026 Mariginiup 6065 Marmion 6020 Mullaloo 6027 Neerabup 6031 Ocean Reef 6027 Padbury 6025 Pearsall 6065
				Padbury 6025
				Sinagara 6065 Sorrento 6020 Tapping 6065 Wanneroo 6065
				Warwick 6024 Woodvale 6026

Catchment mental health services and NGOs

Community mental health services

- Inner City
- Joondalup
- Mirrabooka
- Osborne Park
- Subiaco
- Sir Charles Gairdner Hospital community mental health services

Inpatient / emergency services

- Graylands
- Sir Charles Gairdner
- Joondalup

NGOs eligible and participating in screening

- 55 Central
- Bizlink
- Fremantle Multicultural Centre Inc
- ISHAR Multicultural Women's Health Centre
- June O'Connor Centre, Joondalup
- June O'Connor Centre, Subiaco
- Maitri
- Mental Illness Fellowship of WA (MIFWA) Lorikeet Centre
- Personal Helpers and Mentors (PHaMs)
- Uniting care west: Scarborough Team
- Uniting care west: Clarkson & Joondalup team
- Ruah Assertive Outreach West Perth
- Ruah Inreach Joondalup & Osborne Park
- Salvation Army mental health supported accommodation
- Women's Health Services
- Vincentcare supported accommodation
- Youthlink*

NGOs and services eligible but not participating in screening

- Women's Healthworks
- Youth Focus
- Early Intervention Recovery Programme (EIRP)
- King Edward Memorial Hospital Dept of Psychological Medicine

^{*} Youthlink is a community mental health service. It has been placed with NGOs to ensure comparability with National SHIP where like services were classified as NGOs.

Appendix 3. Survey response rates

Table A3.1. Interview response rate: screen positive, eligible and invited for interview by age

group at screening

	Active non-responders N	Interviewed N	TOTAL N	Response rate %
18-34 years	150	109	259	42.1
35-64 years	158	141	299	47.2
TOTAL	308	250	558	44.8

Table A3.2. Breakdown of non-responder categories

	N
Active non-responders: Contacted but did not participate	
Refused outright	306
Agreed but did not turn up	2
TOTAL Active non-responders	308
Passive non-responders: Eligible but not contacted	
Unable to contact, moved and unavailable	87
Case manager did not forward request for participation	51
Passive non-responders: Eligible but unable to give consent	
Acutely unwell mentally	158
Too unwell physically	4
TOTAL Passive non-responders	300
TOTAL non-responders who met inclusion criteria	608

Table A3.3. Provision of blood for metabolic analysis: consent rate

	17	70
Provided blood for metabolic analysis		
Yes	224	89.6
No	26	10.4
TOTAL	250	100.0

Table A3.4. GP questionnaires response rates

Tuble 1254. Of questionnumes response rates	N	%
Participant consent to contact GP		
Participant gave consent to contact and GP was contacted	188	75.2
Participant did not give consent to contact	10	4.0
Participant did not have a GP	45	18.0
There were no details for the participant's GP	7	2.8
TOTAL number of participants	250	100.0
GP Questionnaire No. 1: Response rate per participant		
Questionnaire returned and completed	80	42.6
Questionnaire returned but not completed (participant not seen in past year)	9	4.8
Questionnaire not returned	99	52.7
TOTAL number of participants with whom GP contact was made	188	100.0
GP Questionnaire No. 1: Response rate per GP		
GP completed questionnaire(s)	67	45.6
GP did not complete questionnaire(s)	80	54.4
TOTAL number of GPs emailed	147	100.0
GP Questionnaire No. 2: Response rate per GP		
GP completed questionnaire(s)*	69	46.3
GP did not complete questionnaire(s)	80	53.7
TOTAL number of GPs emailed	149	100.0

^{*} Two GPs were emailed Questionnaire 2 only, and not Questionnaire 1, as they had not seen the participant for a number of years.

Appendix 4. Survey assessments and instruments

Psychosis Screen

The **Psychosis Screen**, used for screening for psychosis in the census month, was developed specifically for the Australian National Low Prevalence (Psychotic) Disorders Study 1997-1998 (Jablensky *et al.*, 2000). It combines selected elements from existing instruments (the Psychosis Screening Questionnaire (Bebbington and Nayani, 1995) and the psychosis screening questions in the Composite International Diagnostic Interview (Robins *et al.*, 1988)) with some clinical judgment by a keyworker or interviewer. The psychometric properties of the Psychosis Screen were originally examined as part of the first national Australian Study of Low Prevalence (Psychotic) Disorders and published (Jablensky *et al.*, 2000). Using a score of two or more positive screening items as the cutoff point for determining caseness provided the optimal trade-off between sensitivity and specificity in the pilot sample of 42 people, with sensitivity and specificity of 67% and 84% respectively and a positive predictive value of 70% and a negative predictive value of 80%.

Some minor modifications were made to the Psychosis Screen for SHIP in order to streamline its application and scoring. The number of items and the domains covered was unchanged, but all two-part questions were collapsed into a single question to reduce inter-rater variability. An additional change was the inclusion of "for schizophrenia, bipolar affective disorder or other psychosis" in Item 7 of the keyworker form. Item 7 now reads: *Has this patient ever been prescribed antipsychotic medication for schizophrenia, bipolar affective disorder or other psychosis*?

The psychometric properties of the modified screener were assessed. The analysis was based on 60 patients assessed at four sites. By clinical criteria, 52 met criteria for a diagnosis of a psychotic illness while only 8 did not. Two screening tests were constructed by summing individual items. The first included all 8 screening items and retained the no/possible/definite diagnosis interview rating distinction. The second screen comprised the six symptom specific items and excluded patient and interviewer diagnosis reports. The 8-item screen performed almost perfectly and had an area under the ROC curve of .99 (95% CI: 0.94 – 1.00). Using a cutpoint of 2 or more on this scale, as was used in the first low prevalence study, sensitivity was perfect (95% CI: 0.93 - 1.00) and specificity was good (0.88, 95% CI: 0.47 - 1.00). The 6-item scale also performed very well with a very high area under the ROC curve (.94, 95% CI: 0.84 – 0.98). At a cutpoint of 2 or more symptoms was associated with excellent sensitivity (0.96, 95% CI: 0.87 - 1.00) and comparable specificity to the 8-item scale (0.88, 95% CI: 0.47 - 1.00). The screen performed substantially better than did the very similar instrument used in the Study of Low Prevalence (Psychotic) Disorders at the pilot phase. The pilot for the earlier study involved 116 patients and found sensitivity of 0.67 and specificity of 0.84. However, differences in performance could well be due to differences in the makeup of the two samples. A full report of the psychometric properties of the version used for North Metro SHIP is provided in the appendices of the study Protocol.

Full SHIP DIP Interview Schedule

North Metro SHIP used the interview schedule and assessment items developed as part of national SHIP (Morgan *et al.*, 2011, Morgan *et al.*, 2012). In the development of the national SHIP survey instruments, the primary consideration was to include measures that:

- were reliable:
- were available:
- were cost and time effective; and
- allowed comparison with other collected data.

The main domains covered include:

• Clinical profile

- Cognitive profile
- Social participation and functioning
- Measures of impairments and disabilities
- Socio-economic profile
- Service utilisation, treatment and perceived need for services
- Measures of quality of life

Modules of the interview schedule

Demographics, social participation and functioning

- 1 General Information
- 2 Education
- 3 Housing
- 4 Activities of daily living
- 5 Employment
- 6 Child care
- 7 Caring
- 8 Global work rating
- 9 Childhood experiences
- 10 Socialising
- 11 Finances
- 12 Crime and offending
- 13 Personal safety
- 14 Satisfaction with life
- 15 Global functioning ratings

Physical Health

- 16 Nutrition
- 17 Physical activity
- Physical health and metabolic measures (height; weight; BMI; waist circumference; blood pressure)

Quality of life

19 AQOL

Psychopathology

- 20 Diagnostic Interview for Psychosis (Diagnostic Module)
- 21 Negative symptoms/deficit syndrome
- Worry, panic, anxiety and obsession

Cognitive profile

23 Cognition

Service use and perceived need

- 24 Inpatient
- 25 Emergency
- 26 Outpatient
- 27 Public community mental health
- 28 Community rehabilitation and day therapy

- 29 General practice
- 30 Medication use
- 31 Non government agencies
- 32 Mental health care and unmet need

The following sources are referenced in the Schedule and used in their entirety:

- AQOL: The Assessment of Quality of Life (Hawthorne *et al.*, 1999)
- AUDIT: Alcohol Use Disorders Identification Test (Babor et al., 2001)
- CAGE (Mayfield et al., 1974)
- Carpenter: World Health Organization Schedules for Clinical Assessment in Neuropsychiatry items of the Carpenter Deficits syndrome (Kirkpatrick *et al.*, 1989, World Health Organization, 1999)
- DIP (DM): Diagnostic Interview for Psychosis (Diagnostic Module) (Castle et al., 2006)
- FTND: Fagerstrom Test for Nicotine Dependence (Heatherton et al., 1991)
- IPAQ: The International Physical Activity Questionnaire (short format) (Craig et al., 2003)
- MSIF: The Multidimensional Scale of Independent Functioning (Jaeger et al., 2003)
- NART (Nelson and Willison, 1991)
- PSP: Personal and Social Performance Scale (Morosini et al., 2000)
- RBANS Digit Symbol Coding Test (Randolph et al.)

Critical to the development of the SHIP interview and assessment schedule has been the alignment of survey questions with questions from the first Australian National Low Prevalence (Psychotic) Disorders Study 1997-1998 (Jablensky *et al.*, 2000) to provide some measure of change following major developments in mental health policy in the decade since the first survey. It also draws heavily from items in the second National Survey of Mental Health and Wellbeing 2007 (Slade *et al.*, 2009) and other ABS and population surveys, where available, in order to permit benchmarking of data against population norms. The following sources were used to contribute to the formulation of specific items as referenced in the Schedule:

- ABS C&S: ABS Crime and Safety Survey (Australian Bureau of Statistics, 2005)
- AHURI: Australian Housing and Urban Research Institute (O'Brien et al., 2002a, b)
- AHURI Homelessness and mental health survey (Robinson, 2003)
- CVIP: Criminal Victimisation in International Perspective (van Dijk et al., 2007)
- DAST: Drug Abuse Screening Test (Skinner, 1982)
- DIP: Diagnostic Interview for Psychosis from the Australian National Low Prevalence (Psychotic) Disorders Study 1997-1998 (Jablensky *et al.*, 2000)
- HEALTHRIGHT Project 2006-2008 (personal communication)
- NHS: National Health Survey 2001 (Australian Bureau of Statistics, 2001)
- NNS: National Nutrition Survey 1995 (Australian Bureau of Statistics, 1995)
- NS: Second National Survey of Mental Health and Wellbeing 2007 (Slade et al., 2009)
- OTI: Opiate Treatment Index (Darke et al., 1991)
- PNCQ: Perceived Need for Care Questionnaire from the second National Survey of Mental Health and Wellbeing 2007 (Meadows *et al.*, 2000, Slade *et al.*, 2009)
- SANE: SANE Research Bulletins
- STIGMA SHOUT: Survey. Service user and carer experiences of stigma and discrimination. (Corry, 2008)
- UMARYLAND: University of Maryland Medical Center Sleep Disorders Center.
- WHO HPQ: Heath and Work Performance Questionnaire (Kessler et al., 2003)

Diagnostic Interview For Psychosis - Diagnostic Module

The Diagnostic Interview For Psychosis - Diagnostic Module (DIP-DM) lies at the heart of the schedule. It is a semi-structured clinical interview, for use by trained and experienced mental health professionals (Castle *et al.*, 2006). It was developed specifically for the first Australian National Low

Prevalence (Psychotic) Disorders Study 1997-1998 (Jablensky et al., 2000). The diagnostic module is designed around the Operational Criteria Checklist for Psychosis (OPCRIT), a 90-item checklist linked to a computerised diagnostic algorithm which has been widely used internationally (McGuffin et al., 1991, Williams et al., 1996). While the original OPCRIT does not specify a procedure for eliciting the information necessary for rating the diagnostic items, the DIP-DM module includes a structured clinical interview with questions and optional probes derived and adapted from the World Health Organization Schedules for Clinical Assessment in Neuropsychiatry (SCAN, version 2.1)(Wing et al., 1990). Lifetime, past year and present state ratings for the items of the DIP-DM are possible. The computer algorithm associated with OPCRIT uses the interview data to generate diagnoses. The OPCRIT computer algorithm is capable of generating diagnoses under a number of classification systems such as DSM-IV, ICD-10 and RDC. The DIP-DM also assesses comorbidity including drug and alcohol abuse/dependence. DIP-DM has good reliability and validity and its psychometric properties have been published (Castle et al., 2006). Modifications for the SHIP survey affect only the sections on drug and alcohol use and smoking. The revised drug and alcohol section is very comprehensive and includes the items of the Alcohol Use Disorders Identification Test (Babor et al., 2001), the Drug Abuse Screening Test (Skinner, 1982) and the CAGE (Mayfield et al., 1974). The smoking section has also been expanded and includes, among others, the items of the Fagerstrom Test for Nicotine Dependence (Heatherton et al., 1991).

Brief Cognitive Assessment Tool

A Brief Cognitive Assessment Tool was developed for the National SHIP survey to assess cognition and was included in the interview schedule. The selection criteria for inclusion of a task within the tool were that the task should be brief (total testing time of 10 minutes at most), easy to administer in range of contexts (for example, pen and paper based), not restricted to use by psychologists, and able to provide valid measures of cognitive ability in psychosis. The two tasks finally selected are:

- (i) National Adult Reading Test (NART) Revised (Nelson and Willison, 1991); and
- (ii) Digit-Symbol Coding Test (DSCT) from the RBANS battery (Randolph et al.).

The purpose of the NART is to provide an estimate of premorbid intellectual ability (specifically WAIS-R IQ). NART taps into crystallised intelligence and is less likely to be affected by disease processes. There are good population norms for the NART. An additional advantage of the NART is that it is no longer copyrighted and there are no specific user qualifications required. DSCT taps into non-verbal functions (e.g. attention, flexibility, speed of processing and abstraction) that are much more likely to be affected by disease processes. The DSCT has a number of advantages. Population norms are available, it is well-known and well-regarded, and administration is simple with no requirement for complex equipment. Users must be trained but not necessarily psychologists. The developers have provided the instrument at reduced cost for use in SHIP.

Both instruments have been shown to provide valid measures and good discrimination when used in populations with psychosis. The psychometric properties of the two tests were further assessed in a sample of 92 people recruited as part of the Western Australian Family Study of Schizophrenia (Hallmayer *et al.*, 2005). Results show low correlation between the two tests indicating that they were tapping into different cognitive processes. Both discriminated well between patients and unaffected controls, as well as within the schizophrenia sample, and they had good concurrent validity.

General practitioner questionnaires

At interview, participants were asked to give consent for the interviewer to contact their general practitioner. The general practitioner was asked to complete a questionnaire about the target patient. They were also asked to complete a questionnaire on more general issues related to the treatment of patients with psychosis in a general practice.

- GP1 Questions regarding target patient
- GP2 Questions regarding the management of psychosis patients in the general practice setting

Blood tests

Participants were asked to provide fasting bloods which were tested for:

- high-density lipoproteins (HDL)
- low-density lipoproteins (LDL)
- total cholesterol
- triglycerides
- plasma glucose
- glycated haemoglobin (HbA1C)

Appendix 5. Individual interview items

Age at time of interview Reported Age Country of birth Age at Immigration **Current Residency Status** Current type of Visa State of birth Aboriginal/Torres Strait Islander descent First Language other than English First Language other than English (specified) Current marital status age at leaving school Difficulty in reading or writting English Highest level of school completion Secondary homeless (e.g. used Highest qualification obtained Enrolled in formal studies (last 12 mths) Enrolled in vocational training program (last 12 mths) Time spent studying in last 4 weeks (no. of hours per week) Reason for study Reason for study: Other (specified) Missed attending classes (no. of days) (last 4 weeks) Perceived difficulty with study in last 4 weeks Time off study (no. of days) (last 4 Assistance: Getting goods e.g. weeks) Reason for time off study Reason for time off study (specified) Concern expressed by others in last 4 weeks Help from others for study (last 4 weeks) Help from others for study: Other (specified) Study support: Received help for role maintenance (e.g. getting to Reason moved out (in last school or classes) in last 4 weeks Study support: Received help for task related study (e.g. help with Reason moved out (in last assignments) in last 4 weeks Study support: Received other help Reason moved out (in last in last 4 weeks Study support: Received other help Reason moved out (in last in last 4 weeks (specified) Benefit from study support help Outcome if help or support no longer available Education/training role position in Reason moved out (in last last 4 weeks (e.g. acquiring a degree or certificate). Education/training support in last 4 Reason moved out (in last weeks (e.g. help with study) Education/training performance deficits in last 4 weeks (e.g. poor quality of work)

Overall Global Education rating in Reason moved out (in last last 4 weeks Housing in the last 12 mths #1 Housing #1 (no. of weeks) (last 12 Reason moved out (in last mths) Housing (last 12 mths) #2 Housing #2 (no. of weeks) (last 12 Housing (last 12 mths) #3 Housing #3 (no. of weeks) (last 12 Reason moved out (in last mths) Homeless (total no of days) (last 12 mths) Primary homeless (e.g. slept on the streets) (no. of days) (last 12 mths) temporary shelters or friend's couch) (no. of nights) (last 12 mths) Marginally housed; rented acc. in caravan park due to financial necessity (no. of days) (last 12 mths) Number of times moved housing (last 12 mths) Assistance: Finding a place to live Assistance: Practical help e.g. paperwork Assistance: Moving in plates & cutlery Assistance: Other Assistance: Other (specified) Housing assistance or help met needs Wanted housing assistance or help Reason moved out (in last 12mths): Conflict with parents/partner/housemates Reason moved out (in last 12mths): Violence at home 12mths): Traumatic event involving family or friends 12mths): Physical abuse 12mths): Sexual abuse 12mths): Emotional abuse Reason moved out (in last 12mths): Personal alcohol/drug abuse 12mths): Parent/partner or housemates alcohol/drug abuse 12mths): Anxiety or depression Reason moved out (in last 12mths): Other MH problems

12mths): Desire for independence/adventure Reason moved out (in last 12mths): Financial troubles Reason moved out (in last 12mths): Hospitalisation 12mths): Lease / rental not renewed Reason moved out (in last 12mths): Other Reason moved out (in last 12mths): Other (specified) Main reason for moving out (last 12 mths) Current housing Duration of current housing (days) Somewhere to live on discharge from hospital Number of other people living in current household Living with: father; mother; step father; step mother Living with: father-in-law; motherin-law; partner's father/mother Living with: brother(s); sister(s); step brother(s); step sister(s) Living with: husband/wife/de Living with: boyfriend/girlfriend Living with: own children (including step children) Living with: other relatives Living with: friends; co-tenants Living with: residents; patients Measure of privacy (have own room) Rent or board paid Rent assistance Last stable accommodation Supermarket accessible Public transport accessible Feels safe in present locality Obstacles to staying in current residence #1 What other obstacles #1 Obstacles to staying in current residence #2 What other obstacles #2 Obstacles to staying in current residence #3 What other obstacles #3

Problems paying rent Difficulties with neighbours Issues with the landlord other than paving rent 12mths): Trouble with the police Issues with maintaining the house Friends that can get you into trouble Feelings of loneliness or isolation Fear of becoming homeless Contact with State Dept of housing in last 12 mths Benefit from contact with State Dept of housing On Public housing waiting list Preferred choice of housing Preference of person to live with (given the choice) Preference of person to live with: Other (specified) Individual responsibility (last 4 weeks): Food shopping Individual responsibility (last 4 weeks): Cooking your meals Individual responsibility (last 4 weeks): Doing your laundry Individual responsibility (last 4 weeks): Cleaning your room Individual responsibility (last 4 weeks): Paying bills Perceived difficulty with household responsibilities (last 4 Incapacity for household activities (no. of days) (last 4 weeks) Perceived reason for incapacity for household activities (last 4 weeks) Perceived reason for incapacity for household activities: Other (specified) Household responsibility (last 4 weeks): Food shopping Household responsibility (last 4 weeks): Cooking meals Household responsibility (last 4 weeks): Doing laundry Household responsibility (last 4 weeks): Cleaning/housework Household responsibility (last 4 weeks): Paying bills Concern expressed by others (last 4 weeks) Received help with household responsibilities Received help with household responsibilities: Other (specified) ADL support: Help with Role maintenance e.g. driving to shops (last 4 weeks) ADL support: Help with task related activities (last 4 weeks)

Choice where resides

situation

(specified)

Satisfaction with current living

Main reason not satisfied with

Main reason not satisfied with

current living situation: Other

current living situation

ADL support: Help with other activities (last 4 weeks) ADL support: Other (specified) Perceived benefit from ADL help Outcome if ADL support or help no longer available Received help to look after self or Help received to look after self or home met needs Wanted help to look after self or home Help required: Role maintenance Help required: Task related Help required: Other Help required: Other (specified) Self care (e.g. personal or dental hygiene) in last 4 weeks Interests e.g. reading magazines, watching TV (last 4 wks) Interest e.g. reading magazines, watching TV (last 12 mths) Residential role position (last 4 weeks) Residential support (last 4 weeks) Residential performance (last 4 weeks) Overall Global Residential Rating (last 4 weeks) Unpaid employment (last 12 mths) Finding work: Disability Business Received help to work or use time in other ways (last 12 mths) Help received (to work or use time) met needs Wanted help to work or use time Looking for paid work (last 12 mths) Reason not looking for work: Do not want to work Reason not looking for work: Own ill health or physical disability/pregnancy Reason not looking for work: Welfare payments/pension may be affected Reason not looking for work: Childcare Reason not looking for work: Ill health of others other than self Reason not looking for work: Other family considerations Reason not looking for work: Employers think they are too young or too old Reason not looking for work: No suitable jobs in locality/hours/at Reason not looking for work: Lacks necessary schooling, training, skills or experience Reason not looking for work: Has difficulties with language or due Preferred hours of work to ethnic background Reason not looking for work: Don't Entitled to paid leave in main job

know what assistance is

Reason not looking for work:

Other

available to help find work

Reason for not looking for work: Other (specified) Ways looked for work: Wrote to, phoned or applied in person, to an employer Ways looked for work: Looked in newspapers, on internet or checked notice boards Wavs looked for work: Used touch screens at Centrelink offices Ways looked for work: Registered with Centrelink as a jobseeker Ways looked for work: Registered with an employment agency Ways looked for work: Contacted family/friends Ways looked for work: Other Ways looked for work: Other (specified) Finding work: Disability **Employment Network Service** Finding work: Commonwealth Rehabilitation Services Australia Finding work: Job Network Agency Finding work: Personal Support Program Finding work: Clubhouse transitional employment service Service Finding work: Personal Helpers & Mentors Program Finding work: Private recruitment company Finding work: Family/Friends Finding work: Other Finding work: Other (specified) Help to find work met needs Belong to Centrelink program for people with mental illness Duration of all competitive jobs (paid job in a mainstream setting) (no. of weeks) Duration of all non competitive jobs (paid job in a supported setting) (no. of weeks) Total number of jobs (competitve and non competitive) held in last Voluntary/unpaid work 12 mths Type of employment in last 12 mths Nature of main job How got main job Still employed in main job Reason left main job Reason left main job: Other (specified) Duration of main job (weeks) Hours worked in main job in a typical 7 day week Pay received in main job Paid/unpaid leave for full 12 No. of children living elsewhere months Disclosure about mental illness to Carer of CHILD # 1living employer

Employment support worker provide support, advice or counselling (last 12 mths) Perceived benefit from employment support worker Receive assistance to keep work (last 12 mths) Receive assistance (to keep work) helpful Paid employment in last 7 days Job in last 7 days (specified) Main occupation if not employed in last 7 days Paid or unpaid leave in last 7 days Employment in last 4 weeks Nature of job (specified) Any time off work in last 4 weeks due to MH or PH Miss an ENTIRE work day in last 4 weeks because of your PH Miss PART of a work day in last 4 weeks because of your PH (days) Did you lose any income as a result of this time off work Miss an ENTIRE work day in last 4 weeks because of your MH (days) Miss PART of a work day in last 4 weeks because of your MH Did you lose income as a result of this time off work Work difficulties (able to work but Duration of carer assistance quality or performance not upto standard) (no. of days) Work concerns expressed (last 4 weeks) Voluntary/unpaid work in last 12 mths Voluntary/unpaid work **ACTIVITY #1** Voluntary/unpaid work ACTIVITY #1: Other (specified) Voluntary/unpaid work **ACTIVITY #2** ACTIVITY #2: Other (specified) Voluntary/unpaid work **ACTIVITY #3** Voluntary/unpaid work ACTIVITY #3: Other (specified) Duration of voluntary/unpaid work in last 12 mths (total hours) No. of own children No. of step children Children aged under 18 (incl. stepchildren) No. of dependent children living with (incl. stepchildren)

Carer of CHILD # 1living elsewhere: Other (specified) Carer of CHILD # 2 living elsewhere Carer of CHILD # 2 living elsewhere: Other (specified) Carer of CHILD # 3 living elsewhere Disabled children under age 18 (incl. stepchildren) Disability of child (specified) Disabled children attending school or day care during the day Responsibility of childcare role Other person responsible for childcare role Perceived benefit from childcare help Outcome if childcare support or help no longer available Contact with Department of Community services (last 12 mths) Reason for contact with Department of Community services (specified) Quality of caring for child/children (last 12 mths) Help from a carer (last 12 mths) Carers Relationship Carer relationship: Other (specified) Carer lives in with you Carer receives payment (weeks) Carer currently providing help Personal helper/peer supporter/mentor (last 12 mths) PH assistance: Help to better manage daily activities (last 12 mths) PH assistance: Supported with physical activity (last 12 mths) PH assistance: Accompanied to appointments (last 12 mths) PH assistance: Acted as an advocate (last 12 mths) PH assistance: Supported family or carer (last 12 mths) PH assistance: Made referrals to relevant services (last 12 mths) PH assistance: Other (last 12 mths) PH assistance: Other (specified) Duration of personal helper/peer supporter/mentor providing help (weeks) Provided care to others (with a disability, long term illness or problems with old age) Live in as a carer to this person Caring tasks: Personal grooming inc bathing, dressing (last 12 Caring tasks: Housework inc cooking meals (last 12 mths)

(incl. stepchildren)

elsewhere

Caring tasks: Errands inc shopping, paying bills (last 12 Caring tasks: Transportation (last 12 mths) Caring tasks: Other (last 12 mths) Caring tasks: Other (specified) Time spent caring (last 12 mths) Payment for caring (last 12 mths) Maintaining caring responsibilities (last 4 weeks) Caring affects personal health Others have expressed concerns regarding caring ability (last 4 weeks) Work role position Work support Work performance Overall Global work rating Are you a twin/triplet Developmental problems in childhood Childhood temperament and personality Childhood temperament and personality (specified) Parents separate or divorce in childhood (Age in years) Loss of a parent in childhood (Age in years) Loss of a sibling in childhood (Age Help with socialising (specified) in years) Loss of another close relative in childhood (Age in years) Distressing or traumatic events in childhood (Age in years) Distressing or traumatic events in childhood (specified) See: Children (incl. step children) Any form of contact: Children (incl. step children) See: Brothers/sisters Any form of contact: Brothers/sisters See: Partner/spouse Any form of contact: Partner/spouse See: Parents Any form of contact: Parents See: Other relatives Any form of contact: Other relatives Number of friends Contact with friends (last 12 mths) Perceived need for more friends Hard to maintain close relationships due to mental illness Experienced stigma or discrimination due to mental illness (last 12 mths) Locations experienced stigma (last 12 mths): At home Locations experienced stigma (last 12 mths): At work Locations experienced stigma (last

12 mths): At hospital or clinic

12 mths): At school/university/tafe/college Locations experienced stigma (last 12 mths): At a government agency Locations experienced stigma (last Source of income: Accident or 12 mths): At the shops Locations experienced stigma (last 12 mths): Other places Locations experienced stigma (last 12 mths): Other places (specified) Fear of stigma stopped you from doing things (last 12 mths) Actual experience of stigma stopped doing things because of stigma (last 12 mths) Overall socialising (last 12 mths) Diminished emotional range (last 12 mths) Free time spent (last 12 mths) Free time spent: Other place (specified) Attended social program (last 12 mths) Attended recreational program(last Received Austudy (last 12 mths) 12 mths) Received help with socialising (last Received Newstart allowance (last 12 mths) Perceived helpfulness to help to socialise Wanted help to meet people Perceived deterioration in interpersonal relationships (last 12 mths vs previous yrs) Perceived loneliness (last 12 mths) Someone to rely on Someone to confide in Sexual relationship in last 12 mths Any income in last 12 mths Source of income: Wages/salary (received income) Source of income: Wages/salary (main source) Source of income: Profit or loss from own business or share in partnership (received income) Source of income: Profit or loss from own business or share in partnership (main source) Source of income: Dividends or interest (received income) Source of income: Dividends or interest (main source) Source of income: Any government pension, allowance, or benefit (received income) Source of income: Any government pension, allowance, or benefit (main source) Source of income: Child support or Centrelink stopped payment (no. of maintenance (received income) Source of income: Child support or Duration Centrelink stopped maintenance (main source) Source of income: Superannuation or annuity (received income) Current net fortnightly income

Locations experienced stigma (last Source of income: Superannuation Any superannuation contributions or annuity (main source) Source of income: Workers compensation (received income) Source of income: Workers compensation (main source) sickness insurance (received income) Source of income: Accident or sickness insurance (main source) Financial difficulty (last 12 mths): Source of income: Other regular source (received income) Source of income: Other regular source (main source) Source of income: Other main source (specified) **Duration of Government support** (if main source of income) Received Australian aged pension (last 12 mths) Received Widow allowance/benefit or widow B pension (last 12 mths) Received Youth allowance (last 12 mths) Received Abstudy (last 12 mths) 12 mths) Received Work for the dole (last 12 mths) Received Sickness allowance/benefit (last 12 mths) Received Disability support pension (last 12 mths) Received Mobility allowance (last 12 mths) Received Carer payment (last 12 mths) Received Carer allowance (last 12 Received Parenting payment (last 12 mths) Received Childcare benefit (last 12 mths) Received Family tax benefit A or B (last 12 mths) Received Baby bonus (last 12 mths) Received Jobs education and training child care fee assistance (last 12 mths) Received Special benefit (last 12 mths) Received Youth disability supplement (last 12 mths) Received other allowance (last 12 mths) Other allowance (specified) Contact with Centrelink in last 12 mths times) (last 12 mths)

(last 12 mths) Financial difficulty (last 12 mths): Couldn't pay electricity, water, gas, or telephone bill on time Financial difficulty (last 12 mths): Couldn't pay for car registration or insurance on time Financial difficulty (last 12 mths): Pawned or sold something Went without meals Financial difficulty (last 12 mths): Couldn't heat/cool your home/room Financial difficulty (last 12 mths): Couldn't afford petrol to travel Financial difficulty (last 12 mths): Sought assistance from welfare/community organisation Financial difficulty (last 12 mths): Sought financial assistance from family or friends Financial difficulty (last 12 mths): Other Financial difficulty: Other (specified) Received financial help (last 12 mths) Financial help met needs Wanted financial help Do you have a Health Care Card Do you currently have private health insurance Any criminal behaviour such as shoplifting, forging cheques (last 12 months) Property crime such as break and enter (last 12 mths) Drug dealing such as sold drugs to someone (last 12 mths) Committed fraud such as forging cheques (last 12 mths) Committed crimes involving violence such as armed robbery (last 12 mths) Victim known in most recent violent offence Arrested (no. of times) (last 12 mths) Most recent reason arrested (last 12 mths) Charged with an offence (no. of times) (last 12 mths) Most recent offence charged (last 12 mths) Spent time in prison (no. of nights) (last 12 mths) Feels safe alone in home during Feels safe alone in home at night Feels safe to walk streets alone at night Victim of break-in (no. of times) (last 12 mths) payments (no. of weeks) (last 12 Reported most recent break in to police

mths)

Reported break in to police: Other Considers doing enough physical (specified) Victim of other theft (no. of times) (last 12 mths) Victim of assault during robbery (no. of times) (last 12 mths) Knew most recent robbery assault offender Reported most recent robbery assault to police Reported most recent robbery to police: Other (specified) Victim of assault (no. of times) (last 12 mths) Victim of threatened assault (no. of Waist Circumference (cm) times) (last 12 mths) Knew most recent assault offender(s) Reported most recent threat of violence to police Reported most recent threat of violence to police: Other (specified) Deliberate self harm (no. of times) (last 12 mths) Deliberate self harm and did not seek help (no. of times) (last 12 mths) Perceived outcome of self harm Hospitalisation after self harm (no. Asthma of times) Current satisfaction with own independence Lack of control of life events (last 4 weeks) Importance of spirituality/religion (last 12 mths) Satisfaction with life as a whole (last 12 mths) MSIF: Global role position (last 4 weeks) MSIF: Global support (last 4 weeks) MSIF: Global performance (last 4 MSIF: Overall Global Independent Functioning (last 4 weeks) Personal and social performance scale (last 12 mths) Snacks (no. of times) (last 4 weeks) Breakfast (days per week) (last 4 weeks) Milk consumed (last 4 weeks) Vegetables consumed (no of serves If female: Gynaecological per day) (last 4 weeks) Fruit consumed (serves per day)(last 4 weeks) Salt added to food (last 4 weeks) Ran out of food (last 12 month) Vigorous Activity (days per week) Vigorous activity (mins per day) Moderate activity (days per week) Moderate activity (mins per day) Walking (days per week) Walking (mins per day) Sitting (hours per day)

activity Barriers to being physically active reason 1 Barriers to being physically active reason 1: Other (specified) Barriers to being physically active reason 2 Barriers to being physically active reason 2: Other (specified) reason 3 Barriers to being physically active reason 3: Other (specified) Height (m) Weight (kg) Body Mass Index (BMI) High blood pressure Family history of high blood pressure Systolic Diastolic Diabetes Family history of diabetes Family history of kidney disease Family history of heart disease High Cholesterol Arthritis Epilepsy Stroke/TIA Heart Attack Angina Other heart disease e.g. arrhythmias **Hepatitis** Other liver disease Kidney disease Anaemia Memory problems Respiratory problems Head injury lost consciousness Parkinsons Frequent or severe headaches/migraines Eating disorders such as anorexia or bulimia Chronic back neck or other pain Allergies Cancer Congenital disorders/syndromes Congenital disorders/syndromes (specified) problems Medical health: Other Medical health: Other (specified) Physical examination (last 12 mths) BP checked (last 12 mths) Weight measured (last 12 mths) Waist measured (last 12 mths) Amount of weight lost from weight loss program or diet Family history of obesity Fasting blood tests taken (last 12

Smoking status checked (last 12 mths) Eye examination (last 12 mths) Uses an aid to see Hearing checked (no. of times) (last 12 mths) Uses an aid to hear Xrav/mri/ct scan (last 12 mths) Teeth checked by a dentist (no. of times) (last 12 mths) Barriers to being physically active Reason not been to dentist (last 12 mths) Reason not been to dentist (last 12 mths): Other (specified) Bowel checked (last 2 years) PAP smear (last 2 years) Mammogram (last 2 years) PSA or prostate checked (last 2 years) Seen other specialist (last 12 mths): Specialist #1 (no. of times) Seen other specialist (last 12 mths): Specialist #1 (specified) Seen other specialist (last 12 mths): Specialist #2 (no. of times) Seen other specialist (last 12 mths): Specialist #2 (specified) Seen other specialist (last 12 mths): Specialist #3 (no. of Seen other specialist (last 12 mths): Specialist #3 (specified) Memory Sleep apnoea snoring Sleep apnoea pauses Unmet PH needs Unmet PH needs (specified) Feels receiving right help for current PH problems Not receiving right help. Help wanted (specified) Perceived PH Help with personal care (last week) Help with household tasks (last Getting around home and community (last week) Personal relationships (last week) Relationships with other people (last week) Relationships with family (last week) Vision (last week) Hearing (last week) Communicating with others (last week) Sleep (last week) General MH (last week) Pain or discomfort (last week) source of rating time frame sex code Marital status age of onset

Definite psychosocial stressor prior to onset of 1st episode unemployed at onset Poor premorbid work adjustment premorbid social adjustment premorbid personality disorder coarse brain disease prior to onset family history of psychiatric disorder, excl.schizophrenia family history of schizophrenia dysphoria: present, past yr, lifetime loss of pleasure: present, past yr, lifetime suicidal ideation: present, past yr, lifetime diurnal variation: present, past yr, lifetime poor concentration: present, past yr, lifetime slowed activity: present, past yr, lifetime loss of energy / tiredness: present, past vr, lifetime altered libido: present, past yr, lifetime poor appetite: present, past yr, lifetime increased appetite: present, past yr, lifetime weight loss: present, past yr, lifetime (kg) weight gain: present, past yr, lifetime (kg) initial insomnia: present, past yr, middle insomnia: present, past yr, lifetime early morning waking: present, past yr, lifetime excessive sleep: present, past yr, lifetime excessive self-reproach: present, past yr, lifetime delusions of guilt: present, past yr, delusions of poverty: present, past vr, lifetime nihilistic delusions: present, past yr, lifetime elevated mood: present, past yr, lifetime irritable mood: present, past yr, lifetime thoughts racing: present, past yr, lifetime distractibility: present, past yr, lifetime excessive activity: present, past yr, lifetime reduced need for sleep: present, past yr, lifetime reckless activity: present, past yr, lifetime increased sociability: present, past yr, lifetime increased self-esteem: present, past yr, lifetime

mths)

mode of onset

hallucinations in any modality: present, past yr, lifetime Other (non affective) auditory hallucinations present, past yr, lifetime accusatory voices: present, past yr, Alcohol: failure to fulfil lifetime running commentary: present, past Alcohol: social/legal problems vr. lifetime third person auditory hallucination: Alcohol: risk taking behaviour present, past yr, lifetime thought insertion: present, past yr, lifetime thought broadcast: present, past yr, lifetime thought withdrawal: present, past yr, lifetime thought echo: present, past yr, lifetime other primary delusions: present, past yr, lifetime delusions of passivity: present, past yr, lifetime persecutory delusions: present, past Amphetamines LT vr. lifetime delusions of influence: present, past yr, lifetime primary delusional perception: present, past yr, lifetime grandiose delusions: present, past yr, lifetime bizarre delusions: present, past yr, lifetime lack of insight: lifetime psychotic symptoms respond to antipsychotics: lifetime well organized delusions: lifetime widespread delusions: lifetime delusions & hallucinations last for one week: lifetime persecutory delusions & hallucinations: lifetime Alcohol lifetime Alcohol: frequency past year Alcohol: frequency Life Time Alcohol: quantity Past Year Alcohol: quantity Life Time Alcohol: frequency of heavier daily amounts: Past Year Alcohol: frequency of heavier daily amounts: Life Time Alcohol: frequency in year prior to onset of psychiatric symptoms (Year Prior) Alcohol: quantity in year prior to onset of psychiatric symptoms (Year Prior) Alcohol: frequency of heavier daily amounts (Year Prior) Alcohol: tolerance Alcohol: cutting down/impaired capacity to abstain or cut drinking Alcohol: impaired capacity to control drinking once started Alcohol: subjective need for alcohol Alcohol: morning

Alcohol: guilty/remorseful Alcohol: unable to remember what Ecstasy: quantity LT occurred Alcohol: salience of drinking related activities role/function Alcohol: criticism Alcohol: withdrawal symptoms Alcohol: health problems Alcohol: concern expressed by others Alcohol 22: sought help drugs: ever Cannabis: use LT Cannabis: freq PY Cannabis: quantity PY Cannabis: freq Prior Year (YP) Cannabis: quantity Prior Year (YP) Drugs: tolerance Cannabis: freq Life Time Cannabis: quantity Life Time Amphetamines: freq PY Amphetamines: quantity PY Amphetamines: Freq YP Amphetamines:quantity YP Amphetamines: Frequency LT Amphetamines: quantity LT Amphetamines: Overdose Tranquillisers: use LT Tranquillisers: freq PY Tranquillisers: quantity PY Tranquillisers: Freq YP Tranquillisers: quantity YP Tranquillisers: Freq LT Tranquillisers: quantity LT Tranquillisers: Overdose Heroine use: LT Heroine: Freq PY Heroine: quantity PY Heroine: Freq YP Heroine: quantity YP Heroine: Freq LT Heroine: quantity LT Heroine: Overdose Cocaine use: LT Cocaine: Freq PY Cocaine: quantity PY Cocaine: Freq YP Cocaine: quantity YP Cocaine: Freq LT Cocaine: quantity LT Cocaine: Overdose LSD/ hallucinogens use: LT LSD/ hallucinogens use: Freq PY LSD/ hallucinogens: quantity PY LSD/ hallucinogens: Freq YP LSD/ hallucinogens: quantity YP LSD/ hallucinogens: Freq LT LSD/ hallucinogens: quantity LT

LSD/ hallucinogens: Overdose

Ecstasy use: LT

Ecstasy use: Freq PY

Ecstasy: quantity PY

Ecstasy: quantity YP

Ecstasy: Freq YP

Ecstasy: Freq LT Ecstasy: Overdose Inhalants/solvents use: LT Inhalants/solvents use: Freq PY Inhalants/solvents: quantity PY Inhalants/solvents: Freq YP Inhalants/solvents: quantity YP Inhalants/solvents: Freq LT Inhalants/solvents: quantity LT Inhalants/solvents: Overdose Drug: other use: LT Drug: Other (specified) Drug: other use: Freq PY Drug: other: quantity PY Drug: other: Freq YP Drug: other: quantity YP Drug: other: Freq LT Drug: other: quantity LT Drug: other: Overdose Drugs: cutting down/impaired capacity to abstain or cut use Drugs: impaired capacity to control drug use once started Drugs: subjective need for drug Drugs: guilty/remorseful Drugs: salience of drug related activities Drugs: failure to fulfil role/function Drugs: social/legal problems Drugs: risk taking behaviour Drugs: withdrawal symptoms Drugs: health problems Drugs: concerned expressed by others Drugs: sought help Drugs: perceived drug causing most harm Drugs: perceived drug causing most harm: Other (specified) Smoking LT Smoking: age started smoking Smoking: heaviest amount used Smoking: tried to stop Smoking: no. of times tried to stop Smoking: longest period stopped Smoking: sort help to quit Smoking: started smoking again Smoking: started smoking again: Other (specified) Smoking: current smoker Smoking: time of first cigarette Smoking: difficulty not smoking in forbidden places Smoking: which cigarette must Smoking: smoke more frequently in morning Smoking: smoke when sick Instant coffee NOT decaf (250ml) Brewed coffee; plunger/filter (250ml) Espresso coffee inc latte &

Tea (inc green but not herbal) Coca cola inc diet (375ml can) Pepsi inc diet (375ml can) Pepsi max (375ml can) Musashi E shot cola (300ml) Red Bull (250ml can) Red Eye power drink (250ml can) V Energy drink (250ml can) Lift Plus energy drink (250ml can) Black Stallion (250ml can) Smart drink brain fuel (250ml can) Caffeine other (mg) Caffeine: Other (specified) Alcohol/drug abuse within one year of onset of psychotic symptoms Life time diagnosis of alcohol abuse/dependence Alcohol abuse/dependence with psychopathology Life time diagnosis of cannabis abuse/dependence Cannabis abuse/dependence with psychopathology Life time diagnosis of other substance abuse/dependence Other substance abuse/dependence with psychopathology Duration of illness in weeks (max.=99)Functional impairment/incapacity during disorder Deterioration from premorbid level of functioning Course of disorder Relationship between psychotic and affective symptoms Information not credible Rapport difficult Agitated Activity Catatonia Bizarre behaviour Restricted affect Blunted affect Inappropriate affect Pressure of speech Speech difficult to understand Positive formal thought disorder incoherence of speech negative formal thought disorder Restricted Affect Poverty of speech Diminished sense of purpose Worrying (worried alot more about things than other people) (last 12 mths) General rating of anxiety (attack of fear or pain) (last 12 mths) General ratings of phobia (last 12 General ratings of phobia (specified) Can't get breath & smothering feeling (last 12 mths) Heart pounding, missing beats, beating faster (last 12 mths)

Dizzy light headed, faint, or

unsteady (last 12 mths)

cappuccino (1 shot)

Starbucks specify (mg)

Iced coffee (250 ml)

- Tingling, numbness in face or fingers (last 12 mths)
- Tightness, discomfort or pain in your chest (last 12 mths)

Dry mouth (last 12 mths)

Difficulty swallowing, or lump in your throat (last 12 mths)

Sweating (last 12 mths)

Trembling or shaking (last 12) mths)

Hot or cold sweats or flushes (last 12 mths)

Feeling of not really being there (last 12 mths)

Churning stomach, nausea or butterflies (last 12 mths)

Fear of dying (last 12 mths)

Feeling of choking (last 12 mths)

Fear of going crazy, losing emotional control or passing out (last 12 mths)

Apprehension, jumpiness, or increased startle response (last 12 mths)

Anxiety/panic symptoms: Other (last 12 mths)

Anxiety/panic symptoms: Other (specified)

Social Phobia (last 12 mths)

Avoidance of social situations (last 12 mths)

Obsessional checking & repeating (last 12 mths)

Obsessional actions associated with excessive orderliness (last 12 mths)

Obsessional actions associated with cleanliness (last 12 mths) NART

NART invalid (specified)

RBANS: Digit Symbol Coding RBANS: Digit Symbol Coding

Specify Inpatient admissions (no. of times)

(last 12 mths) Last inpatient admission for

physical illness

illness

Admission to hospital for physical illness

Admission to Public general medical hospital (no. of times) (last 12 mths)

Admission to Public general medical hospital (no. of nights) (last 12 mths)

Admission to Private general medical hospital (no. of times) (last 12 mths)

Admission to Private general medical hospital (no. of nights) (last 12 mths)

Admission to Hospital for PH: Other (no. of times) (last 12 mths)

Admission to Hospital for PH: Other (no. of nights) (last 12

Hospital admissions for drug or alcohol problem

Admission to Public Hospital Drug & Alcohol unit (no. of times) (last 12 mths)

Admission to Public Hospital Drug Accommodation found on & Alcohol unit (no. of nights) (last 12 mths)

Admission to Private Hospital Drug & Alcohol unit (no. of times) (last 12 mths)

Admission to Private Hospital Drug & Alcohol unit (no. of nights) (last 12 mths)

Admission to Drug or alcohol unit: Other hospital (no. of times) (last 12 mths)

Other hospital (no. of nights) (last 12 mths)

Admission to Drug or alcohol unit: Other (specified)

Hospital admissions for MH problem

Admission to Public psychiatric hospital (no. of times) (last 12 mths)

Admission to Public psychiatric hospital (no. of nights) (last 12 mths)

Admission to Public psychiatric Admission to Public psychiatric

unit (no. of nights) (last 12 mths)

Admission to Private psychiatric hospital/unit (no. of times) (last 12 mths)

Admission to Private psychiatric hospital/unit (no. of nights) (last 12 mths)

Admission to Psychiatric unit: Other (no. of times) (last 12 mths)

Last inpatient admission for mental Admission to Psychiatric unit: Other (no. of nights) (last 12 mths)

> Admission to Psychiatric unit: Other (specified)

Involuntary admission (no. of times) (last 12 mths)

MH admission experience: Seclusion in a room (last 12 mths)

MH admission experience: Mechanical/physical restraint (last 12 mths)

MH admission experience: Forced medication (last 12 mths)

MH admission experience: Confiscation of property (last 12 Reason1 (other) missed mths)

MH admission experience: Restrictions on leaving the ward Reason2 missed appointments for (last 12 mths)

MH admission experience: Deprivation other (last 12 mths)

MH admission experience: Deprivation: Other (specified)

Perceived benefit or justification from deprivation of liberty

Accommodation on discharge from hospital discussed

discharge from hospital

departments (no. of times) (last 12 mths)

Reason for attending ed (in last 12 mths): Injury resulting from an accident or fall

mths): PH problem e.g. infection Reason for attending ed (in last 12

mths): Alcohol related problem Admission to Drug or alcohol unit: Reason for attending ed (in last 12

> mths): Deliberate selfharm Reason for attending ed (in last 12

mths): Drug related problem e.g., overdose Reason for attending ed (in last 12

mths): MH problem Reason for attending ed (in last 12 mths): Other

Reason for attending ed: Other (specified)

Referrals to psychiatric inpatient services (no. of times) (last 12

unit (no. of times) (last 12 mths) Visit emergency department rather than GP (no. of times) (last 12 mths)

> Emergency psychiatric service contact: face to face (no. of times) (last 12 mths)

Emergency psychiatric service contact: telephone (no. of times) (last 12 mths)

Outpatient attendance for PH (last 12 mths)

PH: Public general hospital outpatient clinic (no. of times) (last 12 mths)

PH: Private hospital outpatient clinic (no. of times) (last 12 mths)

PH: Public community health centre (no. of times) (last 12 mths)

PH: Private specialist clinics (no. of times) (last 12 mths)

PH: Other specify (no. of times) (last 12 mths)

PH: Other (specified) Missed appointments for PH (no. of times) (last 12 mths)

Reason1 missed appointments for PH (last 12 mths)

appointments for PH (last 12 mths)

PH (last 12 mths)

Reason2 (other) missed appointments for PH (last 12 mths)

Reason3 missed appointments for PH (last 12 mths)

Reason3 (other) missed appointments for PH (last 12 mths)

Outpatient attendance for MH (last 12 mths)

Attendances at emergency/casualty MH: Psychiatric outpatient clinic in a public psychiatric hospital (no. of times) (last 12 mths)

> MH: Psychiatric outpatient in a public general hospital (no. of times) (last 12 mths)

Reason for attending ed (in last 12 MH: Psychiatric outpatient clinic in a private hospital (no. of times) (last 12 mths)

MH: Public community MH clinic (no. of times) (last 12 mths)

MH: Private psychiatric clinic (no. of times) (last 12 mths)

MH: Public drug & alcohol clinic (no. of times) (last 12 mths)

MH: Private drug & alcohol clinic (no. of times) (last 12 mths)

Who Seen: Health professional 1 seen at clinic for MH (last 12 mths)

How helpful: Health professional 1 seen at clinic for MH (last 12 mths)

Who Seen: Health professional 2 seen at clinic for MH (last 12 mths)

How helpful: Health professional 2 seen at clinic for MH (last 12 mths)

Who Seen: Health professional 3 seen at clinic for MH (last 12

How helpful: Health professional 3 seen at clinic for MH (last 12

MH: Missed appointments (no. of times) (last 12 mths) Reason1 missed MH appointments

(last 12 mths) Reason1 (other) missed MH

appointments (last 12 mths) Reason2 missed MH appointments

(last 12 mths) Reason2 (other) missed MH appointments (last 12 mths)

Reason3 missed MH appointments (last 12 mths)

Satisfaction with timing of appointments (MH) (last 12 mths)

Satisfaction with amount of time for appointments (MH) (last 12 mths)

Complementary/alternative therapist (no. of times) (last 12 mths)

- Complementary/alternative therapist (specified) (last 12 mths)
- Perceived helpfulness of Complementary/alternative therapist
- Home visits by MH services (last 12 mths)
- Home visit due to crisis care (no. of times) (last 12 mths)
- Home visit due to routine care (no. of times) (last 12 mths)
- Main MH care provided at home by team from MH services (Evidence based)
- Received treatment from Early episode service
- Satisfaction with early episode
- Contact with someone from early episode service (last 12 mths)
- Legal obligation to receive treatment (last 12 mths)
- Case manager
- Case manager: Other (specified) Contact with case manager (last 12
- mths)
- as liked
- Able to contact case manager if needed
- Satisfaction with Case manager (last 12 mths)
- Individual Rehab/Recovery plan
- Given a copy of plan Involved in rehab/recovery plan
- Freq plan reviewed (last 12 mths) Satisfaction with involvement in plan
- incl. relapse warnings (last 12 mths)
- Written Relapse prevention plan (last 12 mths)
- Skills training program (no of sessions) (last 12 mths)
- Participation in community rehabilitation or day therapy program (last 12 mths)
- Community Rehab: Public hospital setting
- Community Rehab: Private hospital setting
- Community Rehab: Government funded community based centre
- Community Rehab: Non Government funded community based centre
- Involved in Rehab Program: Independent daily living skills (last 12 mths) excl. NGO
- Weeks in Rehab Program: Independent daily living skills (last 12 mths) excl. NGO
- Completed Rehab Program: Independent daily living skills (last 12 mths) excl. NGO

- Benefit in Rehab Program: Independent daily living skills (last 12 mths) excl. NGO
- Involved in Rehab Program: Time Management (last 12 mths) excl. Completed Rehab Program:
- Weeks in Rehab Program: Time Management (last 12 mths) excl.
- Completed Rehab Program: Time Management (last 12 mths) excl. NGO
- Benefit in Rehab Program: Time Management (last 12 mths) excl. NGO
- Involved in Rehab Program: Healthy living skills and fitness (last 12 mths) excl. NGO
- Weeks in Rehab Program: Healthy living skills and fitness (last 12 mths) excl. NGO
- Completed Rehab Program: Healthy living skills and fitness (last 12 mths) excl. NGO
- Benefit in Rehab Program: Healthy Involved in Rehab Program: living skills and fitness (last 12 mths) excl. NGO
- Contact with case manager as often Involved in Rehab Program: Quit smoking programs (last 12 mths) excl. NGO
 - Weeks in Rehab Program: Quit smoking programs (last 12 mths) excl. NGO
 - Completed Rehab Program: Quit smoking programs (last 12 mths) excl. NGO
 - Benefit in Rehab Program: Quit smoking programs (last 12 mths) excl. NGO
- Future planning with a MH worker Involved in Rehab Program: Creative activities (last 12 mths) excl. NGO
 - Weeks in Rehab Program: Creative Completed Rehab Program: activities (last 12 mths) excl.
 - Completed Rehab Program: Creative activities (last 12 mths) excl. NGO
 - Benefit in Rehab Program: Creative activities (last 12 mths) excl. NGO
 - Involved in Rehab Program: Prevocational activities (last 12 mths) excl. NGO
 - Weeks in Rehab Program: Prevocational activities (last 12 mths) excl. NGO
 - Completed Rehab Program: Prevocational activities (last 12 mths) excl. NGO
 - Benefit in Rehab Program: Prevocational activities (last 12 mths) excl. NGO
 - Involved in Rehab Program: Communication / assertiveness / social skills (last 12 mths) excl. NGO

- Weeks in Rehab Program: Communication / assertiveness / social skills (last 12 mths) excl. NGO
- Communication / assertiveness / social skills (last 12 mths) excl. NGO
- Benefit in Rehab Program: Communication / assertiveness / social skills (last 12 mths) excl.
- Involved in Rehab Program: Symptom management (last 12 mths) excl. NGO
- Weeks in Rehab Program: Symptom management (last 12 mths) excl. NGO
- Completed Rehab Program: Symptom management (last 12 mths) excl. NGO
- Benefit in Rehab Program: Symptom management (last 12 mths) excl. NGO
- Medication management (last 12 Total no. of GPs seen (last 12 mths) excl. NGO
- Weeks in Rehab Program: Medication management (last 12 Have a current GP mths) excl. NGO
- Completed Rehab Program: mths) excl. NGO
- Benefit in Rehab Program: mths) excl. NGO Involved in Rehab Program:
- Alcohol or drug management (last 12 mths) excl. NGO
- Weeks in Rehab Program: Alcohol or drug management (last 12 mths) excl. NGO
- Alcohol or drug management (last 12 mths) excl. NGO
- Benefit in Rehab Program: Alcohol or drug management (last 12 mths) excl. NGO
- Involved in Rehab Program: Mood management (last 12 mths) excl. Reason not seen GP (last 12 mths):
- Weeks in Rehab Program: Mood management (last 12 mths) excl. Reason why seen GP (last 12
- Completed Rehab Program: Mood management (last 12 mths) excl. NGO
- Benefit in Rehab Program: Mood management (last 12 mths) excl.
- Involved in Rehab Program: Anxiety or stress management (last 12 mths) excl. NGO
- Weeks in Rehab Program: Anxiety or stress management (last 12 mths) excl. NGO

- Completed Rehab Program: Anxiety or stress management (last 12 mths) excl. NGO
- Benefit in Rehab Program: Anxiety or stress management (last 12 mths) excl. NGO
- Involved in Rehab Program: Cognitive remediation (last 12) mths) excl. NGO
- Weeks in Rehab Program: Cognitive remediation (last 12 mths) excl. NGO
- Completed Rehab Program: Cognitive remediation (last 12 mths) excl. NGO
- Benefit in Rehab Program: Cognitive remediation (last 12 mths) excl. NGO
- Group or one on one community rehab program (last 12 mths) excl. NGO
- Community rehab program/s met needs (last 12 mths) excl. NGO Seen GP for any reason (last 12
- mths)
- mths) GPs all work at same practice
- Current GP code
- Last seen GP for any reason
- Medication management (last 12 Reason not seen GP (last 12 mths): I don't know a GP around where I live
- Medication management(last 12 Reason not seen GP (last 12 mths): I don't have transport to get to the GP
 - Reason not seen GP (last 12 mths): I have too many other problems to worry about
 - Reason not seen GP (last 12 mths): I didn't like the last GP I saw
 - Reason not seen GP (last 12 mths): I just never think about it
 - Reason not seen GP (last 12 mths): I'm never sick
 - Reason not seen GP (last 12 mths): I find it embarrassing because of my MH problems
 - I'd rather not know if anything is wrong
 - mths): I can't afford to visit a GP Reason not seen GP (last 12 mths):
 - It's too hard to get an appointment
 - Reason not seen GP (last 12 mths): I always get a different GP
 - Reason not seen GP (last 12 mths): The GP wasn't interested in MH problems
 - Reason not seen GP (last 12 mths): Other reasons (specify)
 - Reason not seen GP: Other reasons (specified)
 - Seen GP for PH (no. of times) (last 12 mths)

Saw GP for PH reason 1-3 GP asks about MH (last 12 mths) Seen GP for MH (no. of times) (last 12 mths) Saw GP for MH reason 1-3 GP ask about PH at MH visit (last 12 mths) Have a GP MH care plan Payment of GP (dollars) Get urgent GP appointment on same day Difficulty getting appointment with GP (last 12 mths) Medication for MH in last 12 mths met needs No medication for MH but would have liked medication Medication to help sleep (last 4 Medication for PH (last 4 weeks) Medication for MH (last 4 weeks) Current prescribed medication (total no. of medications) Drug 1-14 code (last 4 weeks) Duration drug 1-14 (weeks) How helpful drug 1-14 Compliance drug 1-14 Reason non compliant drug 1-14 Medication side effect 1: Stiff, tensed muscles (last 4 weeks) Medication side effect 2: Inability to relax (last 4 weeks) Medication side effect 3: Ttrembling, shaking hand/arm/leg (last 4 weeks) Medication side effect 4: Inner restlessness (last 4 weeks) Medication side effect 5: Drowsiness, sleepiness during day (last 4 weeks) Medication side effect 6: Trouble with eyesight (last 4 weeks) Medication side effect 7: Mouth dry or more watery than normal (last 4 weeks) Medication side effect 8: Unwanted tongue movement (last 4 weeks) swallowing (last 4 weeks) down of movements (last 4 weeks) Medication side effect 11: Shuffling along (last 4 weeks) Medication side effect 12: Unsteady when standing or walking (last 4 weeks) Medication side effect 13: Skin rashes (last 4 weeks) Medication side effect 14: Increased dreaming (last 4

weeks)

weeks)

Medication side effect 15: Swollen

Nauseous / feeling sick (last 4

tender chest (last 4 weeks)

Medication side effect 16:

Medication side effect 17: Increase Completed: Time Management in weight (last 4 weeks) How much weight gained in last 6 months (kg) MH side effect 18: Decrease in weight (last 4 weeks) MH side effect 19: Constipation (last 4 weeks) MH side effect 20: Increased sweating (last 4 weeks) MH side effect 21: Dizziness or vertigo (last 4 weeks) MH side effect 22: Palpitations (last 4 weeks) MH side effect 23: Inability to stand still, desire to move legs, pacing up and down (last 4 weeks) MH side effect 24: Change in interest in sex (last 4 weeks) MH side effect 25: Difficulty achieving orgasm (last 4 weeks) MH side effect 26: IF FEMALE Period pain/change in frequency of periods (last 4 weeks) MH side effect 27: Other (last 4 weeks) MH side effect 27: Other (specified) Impairment in daily life attributed to medication side effects Benefits and disadvantages of medications discussed by practitioner (last 12 mths) Perceived benefits of medications discussions Relief from MH symptoms Overall confidence in medication benefit Supplement use for MH (last 4 weeks) Supplement 1-5 How helpful Supplement 1-5 Discussed supplements with doctor Non prescribed drug 1-5 (last 4 weeks) Non prescribed drug 1-5 Quantity (per week) Medication side effect 9: Difficulty Accessed community support from NGO program: Symptom NGO agency (last 12 mths) Medication side effect 10: Slowing NGO continuous ongoing support (last 12 mths) NGO limited short term programs (last 12 mths) Satisfied with limited short term

programs

NGO program: Independent daily

living skills (last 12 mths)

Completed: Independent daily

living skills (last 12 mths)

Benefit: Independent daily living

skills (last 12 mths)

skills (last 12 mths)

(last 12 mths)

Weeks: Independent daily living

(last 12 mths) Benefit: Time Management (last 12 mths) NGO program: Healthy living skills and fitness (last 12 mths) Weeks: Healthy living skills and fitness (last 12 mths) Completed: Healthy living skills and fitness (last 12 mths) Benefit: Healthy living skills and fitness (last 12 mths) NGO program: Quit smoking programs (last 12 mths) Weeks: Quit smoking programs (last 12 mths) Completed: Quit smoking programs (last 12 mths) Benefit: Quit smoking programs (last 12 mths) NGO program: Creative activities (last 12 mths) Weeks: Creative activities (last 12 Helpfulness of NGO program/s mths) Completed: Creative activities (last Home visits by NGO (last 12 mths) 12 mths) Benefit: Creative activities (last 12 Contact with NGO case manager mths) NGO program: Prevocational activities (last 12 mths) Weeks: Prevocational activities (last 12 mths) Completed: Prevocational activities (last 12 mths) Benefit: Prevocational activities (last 12 mths) NGO program: Communication / assertiveness / social skills (last 12 mths) Weeks: Communication / assertiveness / social skills (last 12 mths) Completed: Communication / assertiveness / social skills (last 12 mths) Benefit: Communication / assertiveness / social skills (last 12 mths) management (last 12 mths) Weeks: Symptom management (last 12 mths) Completed: Symptom management NGO provided or helped access (last 12 mths) Benefit: Symptom management (last 12 mths) NGO program: Medication management (last 12 mths) Weeks: Medication management (last 12 mths) Completed: Medication management (last 12 mths) Benefit: Medication management (last 12 mths) NGO program: Time Management NGO program: Alcohol or drug

Completed: Alcohol or drug management (last 12 mths) Benefit: Alcohol or drug management (last 12 mths) NGO program: Mood management (last 12 mths) Weeks: Mood management (last 12 mths) Completed: Mood management (last 12 mths) Benefit: Mood management (last 12 mths) NGO program: Anxiety or stress management (last 12 mths) Weeks: Anxiety or stress management (last 12 mths) Completed: Anxiety or stress management (last 12 mths) Benefit: Anxiety or stress management (last 12 mths) Group or one on one program (last 12 mths) received (last 12 mths) Case manager provided by NGO (last 12 mths) Contact with NGO case manager as frequently as liked Satisfaction with NGO case manager (last 12 mths) NGO provided information about mental illness (last 12 mths) NGO provided information on recovery planning (last 12 mths) NGO helped to access education (last 12 mths) NGO provided Vocational training/employment skills/experience (last 12 mths) NGO helped to find or keep a job or volunteer work (last 12 mths) NGO provided or helped find accommodation (last 12 mths) NGO provided home help (last 12 mths) NGO provided free or cheap meals (last 12 mths) NGO helped to get &/or keep a government benefit/pension (last 12 mths) financial assistance or material aid (last 12 mths) NGO provided counselling/emotional support (last 12 mths) NGO provided support to link with MH services (last 12 mths) NGO helped to access other community services (last 12 mths) NGO provided advice or support with parenting (last 12 mths)

NGO provided advice or support to

your family (last 12 mths)

Weeks: Time Management (last 12 Weeks: Alcohol or drug

management (last 12 mths)

management (last 12 mths)

- NGO helped with a complaint or legal issues (last 12 mths)
- Satisfaction with NGO (last 12 mths)
- Attended a drop in centre (no. of times) (last 12 mths)
- Contact with peer lead support groups (no. of times) (last 12 mths)
- Contact with NGO alcohol or drug support agency (no. of times) (last 12 mths)
- for financial or material aid (no. of times) (last 12 mths)
- Accessed community counselling services (no. of times) (last 12 mths)
- Used telephone service to get info for MH problem (no. of times) (last 12 mths)
- Internet use to get info for MH problem (no. of times) (last 12 mths)
- Obtained help from Religious/spiritual group (no. of times) (last 12 mths)
- Obtained help from Veterans affairs (no. of times) (last 12 mths)
- Obtained help from Local council (no. of times) (last 12 mths)
- Obtained help from Consumer advocacy groups (no. of times) (last 12 mths)
- Obtained help from Migrant health MH care: Service / need 2 services (no. of times) (last 12 mths)
- Obtained help from Refugee services (no. of times) (last 12 mths)
- Obtained help from Legal aid services (no. of times) (last 12 mths)
- Family support services (last 12 mths)
- Family support services (last 12 mths) (specified)
- MH care: Experienced any significant MH problems (last 12 mths)
- MH care: Received MH information (last 12 mths)
- MH care: Person most involved in providing MH information (last 12 mths)
- MH care: Person most involved in providing MH information (specified)
- MH care: Information met needs MH care: Wanted MH information HDL levels (mmol/L)
- MH care: Receive CBT (no. of sessions) (last 12 mths)
- MH care: Receive Counselling (last 12 mths)
- MH care: Person most involved in providing counselling (last 12 mths)

- providing counselling (specified)
- MH care: Counselling met needs MH care: Felt need for counselling DIP DSM-IV MH care: Had family intervention
- (no. of time) (last 12 mths) MH care: Helpfulness of family
- MH care: Felt received as much help as required (last 12 mths)

based)

- Accessed community organisations MH care: Person providing most time helping with MH problems (last 12 mths)
 - MH care: Person providing most time helping with MH problems (specified)
 - MH care: Person providing most help with MH (last 12 mths)
 - MH care: Which help was perceived as most important (specified)
 - MH care: Which help was perceived as second most important (specified)
 - MH care: Experienced need for services (that were unaffordable or unavailable) (last 12 mths)
 - MH care: Reason did not receive service / need 1
 - MH care: Service / need 1 (specified)
 - MH care: Reason did not receive service / need 2
 - (specified)
 - MH care: Reason did not receive service / need 3
 - MH care: Service / need 3 (specified)
 - MH care: Reason did not receive service / need 4
 - MH care: Service / need 4 (specified)
 - Overall mental health: self-rated
 - Challenges in next 12 months (1)
 - Challenges in next 12 months (1): Other (specified)
 - Challenges in next 12 months (2)
 - Challenges in next 12 months (2): Other (specified)
 - Challenges in next 12 months (3)
 - Challenges in next 12 months (3): Other (specified)
 - Circumstances improve next 12
 - months Final comments: Other (specified)
 - Fasting bloods Time since last eaten (mins)

 - LDL levels (mmol/L)
 - Total cholesterol level
 - Triglycerides level (mmol/L)
 - Fasting plasma glucose (mmol/L)
 - AUDIT alcohol dependence past year (sum of ratings)

- MH care: Person most involved in Fagerstrom test score for nicotine dependence (sum of ratings)
 - Total caffeine intake per day (mgs) DIP ICD-10

 - DIP confounding factors: Lifetime diagnosis of alcohol abuse / dependence
 - intervention received (Evidence DIP confounding factors: Lifetime diagnosis of cannabis abuse / dependence
 - DIP confounding factors: Lifetime diagnosis of other abuse / dependence
 - DIP confounding factors: Alcohol / drug abuse within 1 year of onset
 - DIP confounding factors: Alcohol abuse / dependence with psychopathology
 - DIP confounding factors: Cannabis abuse / dependence with psychopathology
 - DIP confounding factors: Other abuse / dependence with psychopathology
 - DIP confounding factors: Coarse brain disease prior to onset Negative syndrome score Predicted full scale IQ Predicted verbal IO Predicted performance IQ Suicide attempt ever

Appendix 6. Deviations from National SHIP

A number of minor changes were made to correct issues in the national survey. These are documented below.

Module 3 Housing

Question 3.01 Housing in last 12 months

This question was changed to code all types of housing in the previous 12 months and the total number of weeks participants resided in each. The original question coded a maximum of three types of housing. These changes meant that National SHIP Questions 3.02-3.05 were redundant and could be removed.

Questions 3.08 Current housing, 3.28 Preferred choice of housing and 24.14 Accommodation on discharge from hospital

The coding for these questions was affected by the changed to Question 3.01. The new coding now reflects the housing options in question 3.01.

Module 5 Employment

Question 5.08 Assistance finding work

The coding options were updated to include new or renamed organisations.

Module 11 Finances

Question 11.04 Pensions and allowances

Additional coding was included in the 'Other' section. These were Pharmaceutical allowance and Pensioner educational supplement

Module 18 Physical Health and metabolic measures

Question 18.28 Reasons for not going to the dentist

The coding was expanded to include 'Can't get appointment/ on waiting list' and 'No teeth/dentures'.

Module 20 Substance use - smoking

The content and coding of the questions in this section were unchanged but the order was changed in order to minimise some coding errors which occurred in the National SHIP.

Blood tests

The blood tests were the same for both surveys, other than the addition of glycated haemoglobin (HbA1C) in North Metro SHIP

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