Restraint Reporting to the Chief Psychiatrist (Authorised Hospitals)

Has an oral order been made to RESTRAN?

PRE RESTRAINT

YES

10A is required. Restraint with an oral order only must be < 30 minutes. 10A

NO

10B is required. A written order is required to authorise the restraint. 10B

RESTRAN

Is the time required > 30 minutes? (ie.10E = EXTEND)

NO

10B

YES

10B is required to confirm 10A. Additional 10E(s) must be completed within every following 30 minute period. 10G is required to record expiry/revocation of 10B.

10C

10D

10E

10G

IN ALL CASES

- AUTHORISE: 10A, 10B or both before restraint
- INFORM: 10C – psychiatrist MUST be informed
- OBSERVE: 10D – respirations recorded, MAXIMUM duration of 3 minutes in prone
- EXAMINE: 10I – must occur within 6 hours of release from restraint (MO)

CHECK

- Dates, times, signatures, names in full, legible
- Full set of appropriate documentation
- Completed in appropriate time frame

VARIATIONS

*10E – EXTENSION: if restraint > 30 minutes (MO)
*10F – VARY METHOD: to change device, or shorten restraint duration
*10G – REVOKE: to revoke 10B and cease restraint
*10H – PSYCH REVIEW: if restraint duration exceeds 6 hours, post-restraint Psychiatrist exam required (ψ)

POST RESTRAINT

YES

10I

NO

10I

In all cases 10I post restraint examination must be conducted within 6 hours of release from restraint.

10A, 10C, 10D, 10I

Minimum Forms from the seclusion event to be sent to Chief Psychiatrist.

10B, 10C, 10D, 10E, 10G, 10I

10B, 10C, 10D, 10E, 10G, 10I

LOCAL SERVICE ADMIN DIRECTIONS

Or email Form copies directly to: monitoring@ocp.wa.gov.au

Produced as a guide to assist clinicians, to be used in conjunction with local policies and clinical decision making. MHA 2014 RESTRAINT FORMS FLOW CHART – V3 June 2016 (www.chiefpsychiatrist.wa.gov.au)