



**CHIEF PSYCHIATRIST
OF
WESTERN AUSTRALIA**
**WA MENTAL HEALTH
ACT 2014**

SECTIONS: 234, 238

Please use ID label or block print

FAMILY NAME

UMRN

GIVEN NAMES

CMHI

BIRTHDATE

GENDER

ADDRESS

**FORM 10E – RECORD OF EXAMINATION OF RESTRAINED PERSON AND
POSSIBLE EXTENSION OF BODILY RESTRAINT**

Date and time of examination:

Date: DD/MM/YY Time: HH:MM

(Must be within 30 minutes from the time the person was restrained, or last examination)

Results of examination:

Having regard to the criteria for authorising bodily restraint (see overleaf) should the bodily restraint order:

- ☐ Be revoked – see *Form 10G - Revocation or expiry of bodily restraint order*
- ☐ Be varied – see *Form 10F - Variation of bodily restraint order*
- ☐ Continue until it expires.
- ☐ Be extended.

If so, period of order extended for: _____
(up to a further 30 mins from end of restraint period)

Date and time extension order made:

Date: DD/MM/YY Time: HH:MM

Date and time bodily restraint to end because of extension: Date: DD/MM/YY Time: HH:MM

Reasons for extending order:

Name of medical practitioner: _____

Qualifications of medical practitioner: _____

Signature of medical practitioner: _____

If person has been restrained for a total period of longer than 6 hours, restraint must be reviewed by a psychiatrist. See *Form 10H – Review of bodily restraint by a psychiatrist*.

If additional space is needed (ie – if there is more than one examination by a medical practitioner) complete another Form 10E.

**FORM 10E – RECORD OF EXAMINATION OF RESTRAINED PERSON AND
EXTENSION OF BODILY RESTRAINT**

Notes: Form 10E – Record of examination of restrained person and extension of bodily restraint

When to use this form:

A medical practitioner must examine the restrained person at least every 30 minutes and record the results of the examination using this form, including whether or not the medical practitioner considers that, having regard to the criteria specified in section 232, the person should continue to be restrained (s238).

A medical practitioner may make an order extending a bodily restraint order using this form, from the end of the period of bodily restraint under the bodily restraint order for a further period (not exceeding 30 minutes).

The medical practitioner cannot extend the bodily restraint order unless immediately before doing so, the medical practitioner examines the person (s234).

Criteria for authorising bodily restraint:

Bodily restraint can be authorised when (s232):

- The person needs to be restrained to:
 - provide the person with treatment; or
 - prevent the person from physically injuring themselves or another person; or
 - prevent the person from persistently causing serious damage to property; and
- there is no less restrictive way of providing the treatment or preventing the injury or damage; and
- the use of bodily restraint on the person is unlikely to pose a significant risk to the person's physical health.

Checklist of *Mental Health Act 2014* requirements related to this form:

Notes

- ☐ Give the person a copy of this form as soon as practicable.
- ☐ File this form on the person's medical record.
- ☐ ☒ Email a copy of this form to the Chief Psychiatrist at monitoring@ocp.wa.gov.au as soon as practicable and file a record of having done this.
- ☐ ☒ If the person is a mentally impaired accused, email a copy of this form to the Mentally Impaired Accused Review Board at prisonersreviewboard@justice.wa.gov.au and file a record of having done this.